Do you want to quit smoking?

MetroHealth offers hope and help

Join us for our 7-week, 8 Sessions Freedom from Smoking® Program.

2020 Classes

**WEST** 

**MetroHealth Medical Center** 

2500 MetroHealth Drive, Cleveland, OH 44109

Mondays 1-2:30pm

March 30 - May 11, 2020

September 14 – October 26, 2020

## **EAST**

MetroHealth Cleveland Heights Medical Center

10 Severance Cr, Cleveland Heights, Ohio 44118

Thursdays 5:30-7pm

**January 30- March 12, 2020** 

**April 23 – June 4, 2020** 

October 8- November 18, 2020

## SOUTH

MetroHealth Parma Health Center

12301 Snow Rd, Parma, Ohio 44130

Wednesdays 5:30-7pm

January 15- February 26, 2020

September 2 - October 14, 2020



Learn more, or register for our next class: 216-778-7503 MHquitsmoking@metrohealth.org