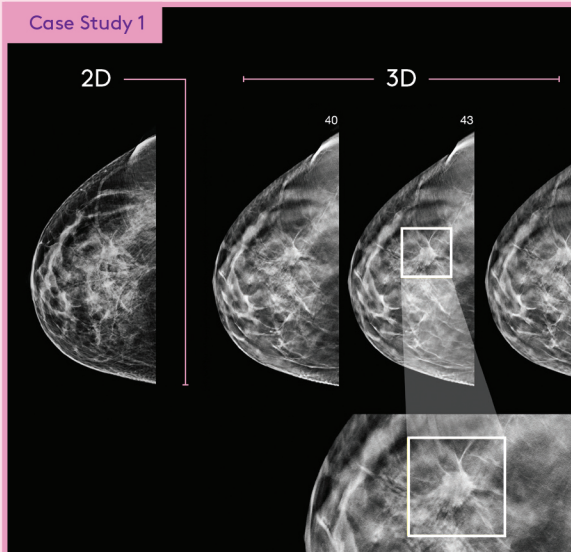


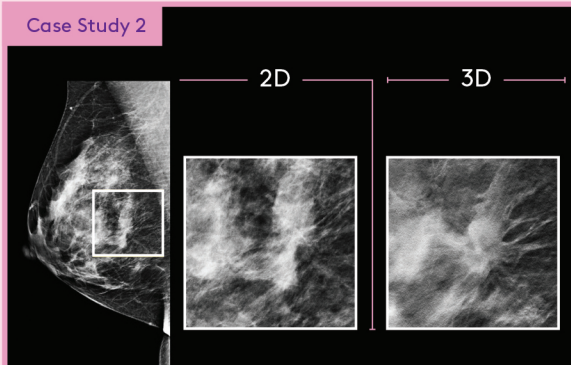
3D Mammography

At MetroHealth, 3D mammography (3D breast tomosynthesis) is our standard screening mammogram protocol for every patient. 3D mammograms provide a more accurate exam by looking at the breast tissue in sections, significantly improving early breast cancer detection and lowering the need for follow-up imaging. In fact, multiple clinical studies show that **3D mammography finds 40% more invasive cancer not seen with conventional 2D mammography.** We use the lowest dose of radiation available for 3D mammography in this advanced screening tool.

Case Study 1



Case Study 2



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**Call 216-957-2778 (BRST)
to schedule your annual
mammogram.**

All supplemental screening exams
such as ABUS and MRI are covered by
insurance and Medicaid in Ohio.

MetroHealth is one of a few Ohio hospitals who participate in the Breast and Cervical Cancer Project, which provides payment assistance for screening, diagnosis, and treatment. To find out if you qualify, call 419-335-3907.

MyChart

metrohealth.org/mychart



MetroHealth



Breast Health Screenings

MetroHealth is relentless in our pursuit of health for every person—and that starts with prevention and early detection. By diagnosing cancer early, we can allow you more treatment options and provide care that gives you the best possible outcome. The care we provide is about more than medicine—it's about hope!

Breast Cancer Screenings

The MetroHealth Center for Breast Health is setting a new standard of cancer care in northeast Ohio. Together, our team of radiologists, surgical oncologists, nurse navigators, and other medical professionals use their clinical expertise and our highly-specialized technology to detect cancer as early as possible.



Yearly Mammograms Start at Age 40

Ohio legislation passed a bill approving screening for all adult women. MetroHealth recommends annual screenings beginning at age 40. If you have an increased risk or family history of breast cancer, you may need to begin before age 40. Talk to your doctor about your personal situation.



Screening Mammography

Your Best Tool To Detect Early Signs of Breast Cancer

Screening tests like mammograms can help save lives. They are used to find cancer before a person has any symptoms, giving you the best chance for successful treatment. Talk to your primary care provider or OB/GYN about your breast cancer risk and request a referral for screenings. Based on your risk factors, your provider may suggest starting screenings earlier than 40.

Screening Mammography

X-ray exam on asymptomatic women for the early detection of breast cancer

Purpose: Find breast cancer early before any symptoms have developed

What to expect: Results typically available in 3 days

Key point: Screening mammograms start at age 40 and continue every year as long as you are in reasonably good health. Regular mammograms contribute to a 30% reduction in mortality for women with breast cancer.

Automated Breast Ultrasound (ABUS)

Supplemental ultrasound for those with dense breasts

Purpose: Detect cancer in women where mammography alone may be insufficient due to greater breast density

What to expect:

- Completed in 15 minutes
- Three scans performed on each breast for a complete scan of the breast volume

Key point: If your current mammogram identified your tissue type as dense, we offer automated breast ultrasound screening.



Understanding Breast Density

About 40% of women age 40 and older have dense breasts. Although normal, dense breast tissue is a risk factor for developing breast cancer, and increased breast density makes it harder to identify cancer on mammograms alone. Breast density is determined through a woman's mammogram and described as one of four categories:

- A Fatty
- B Scattered fibroglandular density
- C Heterogeneously dense
- D Extremely dense

