

JUNE 2026 Support Groups & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Open Group 1:00p - 2:30p <i>Via Sana</i> 3335 W. 25 th Street	Taco Tuesday For people around 30 or younger 5P-7P Dermatology Lobby		Yoga – 10:00 a.m. MetroHealth Glick meditation room	50++ 12:00 – 1:30 p.m. <i>Via Sana</i> 3335 W. 25 th Street	
7	8	9	10	11	12	13
				Yoga – 10:00 a.m. MetroHealth Glick meditation room Knitting 11:15-12:45 Outside of meditation		
14	15	16	17	18	19	20
	NO OPEN GROUP	Taco Tuesday For people around 30 or younger 5P-7P Dermatology Lobby	NO WOW GROUP	Yoga – 10:00 a.m. MetroHealth Glick meditation room		
21	22	23	24	25	26	27
				Yoga – 10:00 a.m. MetroHealth Glick meditation room		
28	29	30				
				Questions? RSVP? Contact Jen at (216) 778-4051 jmsmith@metrohealth.org	Bus ticket or parking validation provided.	FREE meal provided for most groups