

Do you want to quit smoking?

MetroHealth offers hope and help

Join us for our 7-week, 8 Sessions Freedom from Smoking[®] Program.

2019 Classes

WEST

MetroHealth Medical Center

2500 MetroHealth Drive, Cleveland, OH 44109

Mondays

January 21 – March 4, 2019 1-2:30pm

April 1-May 13, 2019 5:30-7pm

September 9-October 21, 2019 1-2:30pm

EAST

MetroHealth Cleveland Heights Medical Center

10 Severance Cr, Cleveland Heights, Ohio 44118

Thursdays 5:30-7pm

January 10 - February 21, 2019

March 21 - May 2, 2019

June 20 - August 1, 2019

October 3 - November 14, 2019

SOUTH

MetroHealth Parma Health Center

12301 Snow Rd, Parma, Ohio 44130

Wednesdays 5:30-7pm

February 6 – March 20, 2019

April 24 – June 5, 2019

September 25 - November 6, 2019



Learn more, or register for our next class:
216-778-7503 MHquitsmoking@metrohealth.org