

*The bad news:*

Northeast Ohio has one of the highest rates in the country for childhood lead poisoning

*The good news:*

## Lead poisoning is 100% preventable!

Follow this plan to make your home lead-safe

### Get your home inspected



- Homes built before 1978 are the most likely to have lead.
- All rental properties in the City of Cleveland are now required to be lead-safe! Call the Lead Safe Cleveland Resource Center (833-601-5323) for guidance on the process.
- Live outside of Cleveland or own your home? [Hire a certified lead inspector.](#)



### Renovate safely



- Home repairs can create dangerous lead dust.
- Use contractors certified by the Environmental Protection Agency. Check [this list](#) for certified firms.



- Families doing the work themselves should [follow EPA practices.](#)



### Get your child tested!



- Ask your child's doctor about a simple blood lead test.
- All children with Medicaid insurance or who live in a high-risk zip code must be tested at ages 1-years-old and 2-years-old.

*If you live in a home built before 1978, get in these habits to lower the risk of lead*

### Avoid peeling or chipping paint



- Windows, doorways and porches are the riskiest areas
- Block these areas off till they get fixed!

### Wipe surfaces for lead dust



- Use damp, soapy disposable rags or paper towels at least weekly
- Wipe windows, floors, toys

### Wash hands well



- Before cooking, eating and at bedtime; also after playing outside

### Don't play in bare soil



- Areas covered with grass, mulch, or wood chips are safer

### Leave shoes at the door



- Keep lead outside the home

### Run the water



- For a minute or two until cold before using for drinking or cooking

### For more information:

Lead Safe Cleveland Resource Center [leadsafecle.org/lead-safe-resource-center](https://leadsafecle.org/lead-safe-resource-center) 833-601-5323

Cleveland Department of Public Health [clevelandhealth.org/programs/environment/lead\\_safe\\_living/](https://clevelandhealth.org/programs/environment/lead_safe_living/) (216) 263-LEAD

Cuyahoga County Board of Health <https://www.ccbh.net/lead-poisoning/> 216-201-2000

MetroHealth Lead Coalition <https://www.metrohealth.org/pediatrics/lead-testing> 216-386-2659