

MetroHealth

A GUIDE TO YOUR STAY AT THE METROHEALTH GLICK CENTER

PATIENT GUIDE



A Message from MetroHealth

Thank you for trusting us with your care. Together, our team of expertly trained doctors, nurses, and other caregivers are here to honor that trust and to make sure that we meet you where you are on your individual healthcare journey.

Meeting you where you are means we see you as a complete person. It means providing you with safe, high-quality care. It means protecting your information and privacy. It means we listen to you, and partner with you, to help you find and maintain your best, healthiest self.

If you need anything or have any questions, we are here for you. Please feel free to talk to your nurse, doctor, or another member of your care team. If there's something we can't help with, we'll do everything we can to connect you with someone who can, because our team is devoted to hope, health, and humanity. Best.

Your MetroHealth Care Team

Questions?

Our Patient Information line provides information such as directions, addresses, visiting hours, and visiting restrictions. For 24/7 help, call 216-778-7800.



Your Stay & Beyond

Our Mission, Vision, and Values

Our Mission

Leading the way to a healthier you and a healthier community through service, teaching, discovery, and teamwork.

Our Vision

MetroHealth will be the most admired public health system in the nation, renowned for our innovation, outcomes, service, and financial strength.

Our Values

Service to Others

We strive to meet the needs of our patients first, by serving with compassion and advocating for the well-being of the community, especially those without the ability to pay.

Teamwork

We establish an environment of trust and engagement that focuses on the needs of the organization in order to leverage our collective strengths to do the right thing for our patients and colleagues.

Accountability

We accept responsibility for the decisions we make, the outcomes achieved, and our personal behavior.

Respect

We treat everyone equally with dignity, candor, compassion, and empathy.

Inclusion, Diversity, and Equity

We foster a community where our differences are celebrated and everyone has an opportunity to be part of our success.

Quest for Excellence

We exemplify the highest standards of patient-centered care and continue to improve through discovery and innovation.





MetroHealth

THE GLICK CENTER — PATIENT GUIDE

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Welcome to MetroHealth A Guide to Your Stay





Patient Room Amenities

Patient rooms in the Glick Center offer a variety of conveniences. Most rooms are private for patients and their families and feature a visitor sleeper. Private bathrooms, showers, environmental controls for both light and air, and closet storage for our patients are included. Equipped with new digital whiteboards, both patients and the care team will always know the plan for the day.



The Nemat K. Boutros Meditation Room

The Glick Center meditation space was built for reflection, prayer, meditation, and quiet time. It's a place to reset, recharge, and focus on your self-care and well-being. All are welcome and encouraged to use this resource.

Location:

Lobby Level

Hours:

24 hours a day, 7 days a week Hours may be shorter on holidays

The Glick Center at a Glance





Nurture Gift Shop

Nurture has an ever-changing collection of unique and locally made gifts, floral arrangements, greeting cards, and balloons. It also offers a selection of infant apparel and plush toys. Plus, it has everyday essentials, like over-the-counter items, toiletries, snacks, beverages, and magazines. Free in-room delivery is available, and you can place an order by calling **216-778-5388**.

Location:

Lobby Level

Hours:

Monday – Friday, 7:00 a.m. – 8:00 p.m.

Saturday – Sunday, 9:00 a.m. – 5:00 p.m Hours may be shorter on holidays





Meet Your Care Team

During your stay, you will have a care team focused on you and your health. Here are some of the care team members you may meet.

- Physician
- Room Service Host
- Advanced
 Practice Provider

Resident

- Cleaning Service
- Representative
- •
- Nurse
- Patient Care Nurse Assistant
- Case Manager
- Social Worker
- Pharmacist Physical Therapist, Occupational
 - Therapist, and/or Speech Therapist



Purposeful Hourly Rounding

During the day, one of your care team members will visit you every hour. At night, we move to every two hours to minimize waking you to help with your healing process.

During this time, we will:

- Ask you if you are in pain
- Assess your general well-being
- Assist you to the bathroom (if needed)
- Help you change position
- Close your door for privacy (if desired)
- Make sure your possessions are within reach

Bedside Handoff

To personalize your care, our nursing team conducts a change-of-shift handoff at the bedside.

Together, at the bedside, the team will:

- Introduce the oncoming nurse
- Provide an overview of your history and treatment plan
- Review the digital whiteboard
- Ask who should, or should not, be present for updates and discussions of care to ensure your privacy
- Provide you with an opportunity to ask questions, tell us your preferences, and make decisions about your care

Your Stay

Bedside Medication Delivery

Before you leave the hospital, your medications are delivered to your bedside, saving you a trip to the pharmacy! Your nurse will provide additional information.

Technology to Support Your Care

Your care team uses hospital-issued devices to assist in providing safe and efficient care. With these devices, staff can scan your wristband to correctly ID you, administer medications, take photos of wounds, and complete documentation.

MyChart Bedside

Available to all patients staying in the hospital, MyChart Bedside allows you to interact with your care team, view lab results, view patient education materials, answer questionnaires, sign consent forms, and much more. MyChart Bedside can be accessed through your own mobile device with the MyChart app or by a patient care unit device that can be assigned to you during your stay.

External Calls

The phone in your room allows for external calls. Please press "9" to call outside The MetroHealth System.

Calling Your Nurse

If you need your nurse, please use your call light at your bedside. The names of your nurse and other care team members can be found on the digital whiteboard in your room.

Call – Don't Fall!

When you get out of bed alone, you risk falling, which could result in severe injury or reinjury.

Please call us to assist you with:

- Getting out of bed for any reason
- Reaching for objects while lying down
- Replacing equipment or supplies
- Reaching objects on the floor

Help Prevent Infections

During your stay, there are several things you can do to help prevent infections:

- Wash your hands. Remind visitors and healthcare team members to wash their hands.
- Cover your mouth and nose when you cough or sneeze.
- Tell your nurse or physician if your bandage becomes loose, wet, or soiled.

- If you have surgery, keep the area clean and tell a care team member if you see redness or swelling or have increased pain or concerns.
- Get your COVID-19 vaccine.
- Get a flu vaccine every year.
- Take antibiotics only when needed and only as prescribed, as this will help prevent more resistant (hard-to-treat) infections.





Dining and Nutrition Services

Patient Meals

We have room service to help make your stay more comfortable. All meals are freshly prepared and delivered to your room within an hour of ordering. See the Room Service menu in your room for more details, including vegan options.

Visitor Dining Options

Visitors are also welcome to order from room service, or they can enjoy a meal from one of our two locations: MetroEats Location: Ground Floor Hours: Weekdays: 6:30 a.m. – 6:30 p.m.

Park Side Café

Location: Lobby Level Hours: Every Day: 6:30 a.m. – 8:30 p.m. Holiday hours may vary.

Spiritual Care

MetroHealth chaplains are available to help you find the spiritual and emotional strength you need to get through this time of uncertainty and stress. They're here to support all patients, whether you're religious or you do not have a connection to a particular faith. If you would like to speak to a chaplain, contact the Spiritual Care Department at 216-778-5511 or ask your nurse to page Spiritual Care.

Personal Property and Your Green Cup

During your stay, you are responsible for your personal items, like cash, hearing aids, dentures, phones, and eyeglasses. Please do not put your dentures, eyeglasses, or hearing aids on your meal tray or in a place where they could be thrown out. Instead, put them in the provided green cup. MetroHealth is not responsible for any breakage or loss of any personal items.

If your family or friends bring you an item or take one home, please tell a member of the care team so we can update your Property and Belongings Record.

Patient Relations

If you have concerns about the care you or your loved one is receiving, please speak with your doctor, nurse, or nursing leader. If you feel that your issue isn't resolved, contact Patient Relations at **216-778-5800** or **patientrelations@metrohealth.org**.

Your Stay

Language Access Services

During your stay, we have several free services to help with communication. Using any MetroHealth phone or videoenabled device, your care team can access an interpreting service for more than 200 languages. On-site interpretation may also be available, including MetroHealth Spanish Medical Interpreters.

If you are deaf or hard of hearing, we have 24/7 American Sign Language video interpretation and can arrange for in-person sign language interpreters.

Assistive devices for hearing, speech, and vision impairments are available from Interpreter Services.

Please call 216-778-7800 or ask your care team for more information.

The phone numbers below may be dialed to access an interpreter when placing a call to MetroHealth.

Arabic: 833-369-3441 Cantonese: 833-373-8783 Mandarin: 833-373-8787 Nepali: 833-369-3442 Russian: 833-373-8789 Spanish: 216-778-7800 Swahili: 833-360-5158 Ukrainian: 833-366-5156

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	Italian		Vietnamese	sẽ cung cấp một thông dịch viên miễn phí



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We conduct fire drills for staff and patient safety. If you hear an alarm, please proceed to the nearest exit, unless directed otherwise by a MetroHealth System Workforce member.

Smoking

Smoking, including e-cigarettes, is not allowed at any MetroHealth location or property, including parking facilities.

For more information about MetroHealth's Freedom from Smoking Program, please call **216-778-7503**.

Public Safety

The MetroHealth Department of Public Safety is committed to protecting and serving the MetroHealth community.

If you have concerns or need help, please call the dispatch center at **216-778-3000**.

This is a place of hope and healing We will not tolerate:

- Verbal abuse
 -
- Physical assault
- Sexual harassment
- Illegal drugs
- Weapons

Removing and prosecuting individuals who violate this policy keeps MetroHealth focused on your health.

METROHEALTH POLICE DEPARTMENT: 216-778-3333

Your Stay

DOCTO



Visitor Policy

Visitors are an important part of your well-being and healing. That's why we partner with our patients and their visitors to create a welcoming experience — and to ensure it doesn't interrupt our teams' ability to provide excellent care.

Designated times and number of visitors depend on your hospital area and can be found at **metrohealth. org** or by calling **216-778-7800**.

Visitor Management System

A visitor management system is in place to ensure the safety of our patients, visitors, and staff. All visitors are required to check in at the Welcome Desk to obtain a visitor badge, which will provide access to the unit where visiting and the Family Resource Center.

Patient Contact

Visitors can call **216-778-7800** to contact their loved ones. Patients have the right to restrict or opt out of having their information shared with visitors or callers.







I talked with my doctor or advanced practice provider, nurses, and/or staff about what I will need help with.
I understand my medications and how to take them.
I understand where to get my medications when I run out.
I know the symptoms and side effects to watch for.
I know whom to call if I have a problem.
I understand where I am going after I leave the hospital.
I understand the changes and limitations to my diet and activities.
l understand when I need to return to my doctor(s) or advanced practice provider(s) for follow-up.
I have transportation to my follow-up appointment(s).
I have packed all my personal belongings.
I have my home-going medications(s).
I have a key available to me now to enter my home.
I have transportation to take me home from the hospital.
I have a support person who knows I am being discharged and is aware of my needs.

If you have questions, please call the Hospital Discharge Line at 216-778-6632 to speak to a nurse.

Going Home

Your Opinion Matters

Once you go home, you may receive a survey about your hospital stay, including questions about your nursing care, doctor care, medications, the cleanliness of your room, and overall impression of the hospital. We thank you in advance for taking the time to complete it and will use your feedback to help us improve.



(14)

ACTTL

My**Chart Gets You** Connected to Your Health

My**Chart** Features:

eCheck-in before you arrive

Verify your demographics and insurance information; pay any copayments; and update your medication list, health issues, and allergies, all before you arrive for an appointment.

Access your test results

View your results and your doctor's comments within days.

Communicate with your doctor

Get answers to medical questions without playing phone tag or making unnecessary appointments.

Manage appointments

Schedule your next appointment or view details of your past and upcoming appointments.

Pay bills

Access and pay your copayments and bills.

Request prescription refills

Refill your prescription or request a renewal if it's expired or you don't have any refills left.

Download, Send, or Receive Medical Records

Download your medical records and/or send visit summaries to another provider.







My**Chart** Support

Email: mychart@metrohealth.org Phone: 216-778-8801 Monday – Friday,

7 a.m. – 7 p.m. ET

Future Visits & Service

MetroHealth Rehabilitation Institute: A Leader In Healing and Innovation

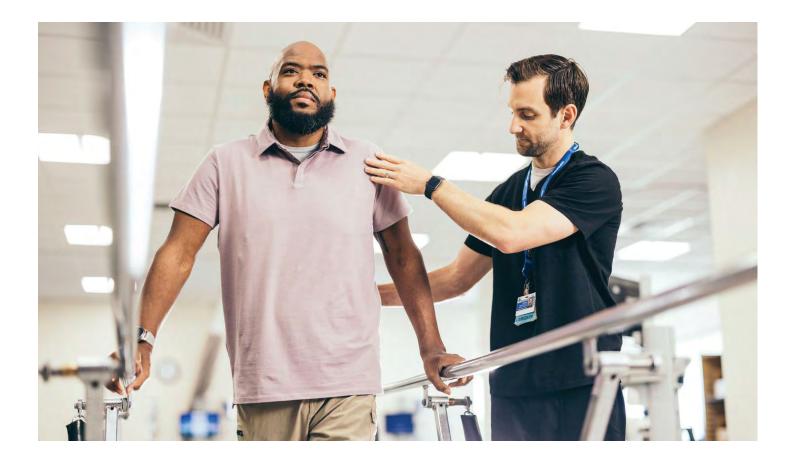
Our rehabilitation experts offer cutting-edge care for the most complex injuries and illnesses. As one of the first hospitals in the country dedicated solely to rehabilitation, our mission is to restore function and get you back to your best quality of life.

The MetroHealth Rehabilitation Institute is nationally recognized for expertise in rehabilitation after brain injury, spinal cord injury, and stroke, and it is the only facility in Northern Ohio with dedicated units for stroke, brain injury, and spinal cord injury/major trauma rehabilitation.

It's one of only 14 federally designated spinal cord injury "Model Systems" in the U.S. and a global leader in developing electrical stimulation technologies to restore movement and function for people with paralysis.

It is also accredited by the Commission on Accreditation of Rehabilitation Facilities for its demonstrated commitment to improving quality and patient satisfaction, is recognized among *Newsweek's* best Physical Medicine & Rehabilitation Centers nationwide, and is the #1 rehabilitation hospital in Ohio according to *U.S. News & World Report*.

Learn more at **metrohealth.org/rehabilitation**.









MetroHealth Pharmacy Services

MetroHealth Pharmacy works hand in hand with your provider as part of your care team.

Bedside Medication Delivery

Before you leave the hospital, your medications are delivered to your bedside, saving you a trip to the pharmacy!

No-Cost Home Delivery

Once you leave, you can have medications delivered to your home at no additional cost. Call **216-957-MEDS** to learn more.

11 Convenient Locations

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- 1 Beachwood
- 2 Bedford
- 3 Brecksville
- 4 Broadway
- 5 Buckeye

6

Cleveland Heights

- Main Campus
- 8 Middleburg Heights
- 9 Ohio City

7

- 10 Old Brooklyn
- 11 Parma

Online Refill Requests

Need a refill on your prescription?

Visit metrohealth.org/mychart and submit your request. We'll text you when it's ready.

Compliance Packaging

Medication is packaged into daily compartments, making it easy to follow dosages for each day.



Available Immunizations

- COVID-19
- Influenza
- Pneumonia
- Shingles
- Tetanus

- Meningitis
- HPV
- Hepatitis A
- Hepatitis B
- Rabies

Pharmacy Value Program

Helping you save on prescriptions:

- Assistance finding the best price
- Home delivery at no additional cost
- Integration with MyChart

Call 216-957-MEDS or visit metrohealth.org/pharmacy to learn more.



Future Visits & Service



ScriptTalk

Have your medication label read out loud with this audio technology. It's free and available in multiple languages.

Flavor Rx

Let us flavor your child's prescriptions at no additional cost.

MedsOnCue

Scan the QR code on your prescription bottle for valuable information about your medication, like directions for use and common side effects.















Giving Back to MetroHealth

A Healthier Community

At MetroHealth, we believe health is about more than medicine. It's about hope — and creating a community where everyone can prosper. We'd love you to join us in these efforts.

MetroHealth Foundation: For All of Us

We've launched a philanthropic campaign in support of The MetroHealth System's transformation called For All of Us. It supports community programs, education, research, and the development of expanded campus green space. Our goal is to raise \$150 million, and your support helps fund dozens of programs that make Northeast Ohio and its residents healthier every day.

Contact us at 216-778-5665 or visit metrohealth.org/ foundation to learn more.

Volunteer at MetroHealth

Donating your time can help people in need and benefit your health and happiness. Research has found that volunteering can reduce stress, improve self-esteem, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment. It can fit in your busy schedule!

For more information:

Call: 216-778-4471 Email: volunteer@metrohealth.org Visit: metrohealth.org/volunteer-services





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A Better World

MetroHealth is redefining healthcare by going beyond medical treatment to improve the foundations of community health. In planning for and building The Glick Center, it was important to us to prioritize its broader impact. We're proud to say that The Glick Center will be certified by the U.S. Green Building Council as a LEED (Leadership in Energy and Environmental Design) building and by the International WELL Building Institute, guaranteeing that it will have a lower impact on the environment and a positive impact on human well-being.

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What You Can Do To Help

Recycling

Look for the green recycling label on cans in public areas and green bins in other areas to recycle your beverage containers, newspapers, and paper without patient information. We can't accept coffee cups of any kind. All other waste should go in the trash cans.



The Glick Center Footprint

Here are some of the steps we took to make our footprint a little greener:

- The inpatient tower and central utility plant that generates steam and hot and chilled water use 50% less than the previous main campus hospital, decreasing air pollution and our future carbon footprint.
- Chutes on every floor deliver waste and recycling to a single staging area for disposal. This eliminates elevator rides and long trips down corridors for our waste and recyclables.
- Every water fountain is equipped with a water-bottle refill station, offering easy access to chilled and filtered drinking water. The stations are monitored, tested, and maintained regularly.

- A green roof absorbs rainwater and decreases temperatures on hot days. It is partially accessible through the Pediatrics Treehouse area on the 4th floor and can be seen from Labor and Delivery rooms on the western side of our hospital.
- The hospital's floor-to-ceiling windows allow natural light to replace artificial light in many areas. Natural materials in the design and construction bring a parklike feel inside to improve mental health and lower stress.
- We have convenient transit service and covered bicycle parking to provide alternate transportation options for staff and visitors.







Patient and Visitor Bill of Rights and Responsibilities

The MetroHealth System (MHS) supports patients' understanding and participation in their health care. Participation is fostered if patients are made aware of their rights and responsibilities; the following document summarizes these rights and responsibilities. This document is for the use of MHS patients, their caregivers, representative, and visitors. When the patient is a minor, these rights also apply to the parents or guardians.

MHS staff treat all patients without regard to any dimension or characteristic of the diversity of the potential patient. Examples of dimensions or characteristics of diversity include, but are not limited to, the patient's age, race, color, citizenship, national origin, ethnicity, gender, gender identity or expression, sexual orientation, disability, pregnancy, veteran status, religion, socioeconomic status, education, or any other characteristics protected by law.

<u>RIGHTS</u> - As a patient of MHS, you have the right to:

- Care and services without distinction. All persons and organizations having occasion to refer patients for services or to recommend the MHS are advised to do so without regard to any dimension or characteristic of diversity.
- Respectful, considerate care, with recognition of your personal dignity.
- Personal privacy during your treatment and care.
- Receive care in a safe setting and be free from abuse and/or harassment.
- Confidentiality of your protected health information (PHI). You have the right to review and access your PHI and instruct MHS to send a copy of your PHI to someone else.
- Formulate Advance Directives and have access to staff who provide care to comply with your directives subject to limitations required by applicable law or medical standards.
- Know the names and responsibilities of all persons involved in delivering your health care.
- Complete information about your condition and treatment, in terms you understand.

- Make decisions related to your health care, to participate in ethical questions that arise during your course of care, including conflict resolution, withholding, or withdrawing life-sustaining treatment, and participation in investigational studies.
- Request treatment and the right to refuse treatment, and/ or designate someone to make your decisions should you not be able to make them yourself via Advanced Directives.
- Receive information about pain and pain relief measures. Health care providers will respond to your reports of pain and provide pain management therapies as appropriate.
- Have a caregiver or support person of your choice and your provider notified promptly of your admission, transfer, or discharge.
- Be free from restraints of any form that are not medically necessary, legally required, or are used as a means of coercion, discipline, convenience, or retaliation by staff.
- Be free from financial or other exploitation.
- Select the providers of your post-hospital care this includes skilled nursing facilities, long term acute care hospitals, hospice, acute rehabilitation, durable medical equipment, home infusion companies, and home health care agencies.

Rights & Responsibilities

<u>RESPONSIBILITIES</u> – You and your caregiver(s) are responsible for:

- Being considerate of other patients, visitors, and hospital staff, and following hospital rules. Rude, threatening behavior, or use of profanity directed at your care team or any MHS employees will not be tolerated. Threats and acts of violence against staff may result in discharge or transfer of care and/or services. Your visitors will also be held to these responsibilities.
- Keeping appointments or rescheduling or canceling appointments in advance.
- Giving complete and accurate information about your health and medical history, including information about any recent changes or concerns related to your care. It is your responsibility to tell your provider or a member of your care team if you do not understand the treatments you are receiving or if you are unclear about plans for your ongoing care.
- Asking questions or telling us if you/your caregiver do not understand the instructions, or if you/your caregiver feel you
 cannot follow them so that your health care team can partner with you on a care plan that will work best for you. If you/your
 caregiver choose not to follow instructions, you will be responsible for what happens to you.
- Making certain your health care bills are paid as soon as possible and providing accurate information regarding your place of residence and medical insurance coverage.

COMPLAINT/GRIEVANCE PROCESS

MHS is committed to providing quality care to our patients and ensuring that their rights are supported. As part of this commitment, we encourage you to share your opinions with us regarding our care and services.

If you have a complaint or grievance, we are committed to resolving your concerns quickly and at the first level of contact, whenever possible. We encourage you to share your questions/concerns with a member of your health care team, physician, or unit manager, or you may call the Department of Patient Relations directly. We will gather information, follow up with the appropriate individuals or departments, and attempt to resolve the issue to your satisfaction.

The MetroHealth System Department of Patient Relations - (216) 778-5800

Although we believe that your concerns can be resolved through this process, you may at any time contact:

- Ohio Department of Health 1-800-342-0553; Ohio Department of Health, Complaint Unit – HCComplaints@ odh.ohio.gov
- The Joint Commission's Office of Quality and Patient Safety - Joint Commission Connect - https://www. jointcommission.org/resources/patient-safety-topics/ report-a-patient-safety-concern-or-complaint/

Or mail to: The Joint Commission, One Renaissance Blvd, Oakbrook Terrace, IL 60181

- Livanta quality improvement contractor of the Centers for Medicare & Medicaid Services: (888) 524-9900; www.livantaqio.com/en/states/ohio
- The Medicare Complaints Hotline: (800) 633-4227
- U.S. Department of Health and Human Services Office for Civil Rights (Region V) (800) 368-1019

<u>Privacy</u>

You have the right to personal privacy during your treatment and care. You also have the right to receive a Notice of Privacy Practices (NoPP). The NoPP explains your HIPAA rights and tells you how MetroHealth uses and discloses your health information. You may have received the NoPP when you first arrived at the hospital or during a recent encounter. You can also get a copy of the NoPP by asking your caregiver, visiting metrohealth.org, or sending a request to the MetroHealth Privacy Officer, 2500 MetroHealth Dr., Cleveland, OH 44109.



Patient and Visitor Bill of Rights and Responsibilities

The MetroHealth System Patient Financial Bill of Rights

Improving the health of the community is central to everything The MetroHealth System does. How MetroHealth fulfills that mission is also important. Service, accountability, respect, and equality are among MetroHealth's core values.

MetroHealth supports the Patient Financial Bill of Rights. And here's how.

As a MetroHealth patient, I have...

Provider Network

- The right to accurate and up-to-date information about MetroHealth's participation in my insurance plan's provider network.
 - I know I can obtain this information by calling MetroHealth's Customer Services at 216-957-3250, Option 2, or by visiting metrohealth.org.
- The right to collaborate with MetroHealth to help gain an understanding of what surprise billing is — and how to avoid it.
 - I know I can reach out to representatives from MetroHealth's Financial Clearance Department at 216-957-2325, Option 3; ask questions; and get explanations about billing.

Charges

- The right to not be charged for covered preventive care services.
 - Preventive care keeps me and my family healthy.
 I know that many preventive care services are free under the law and that I will not be charged for these services. This link provides guidelines based on governmental preventive care visits: cms.gov/
 Outreach-and-Education/Medicare-Learning Network-MLN/MLNProducts/Downloads/
 PreventiveServicesPoster.pdf Commercial insurance typically follows this list.

- However, if my insurance does not pay, I know
 I can call MetroHealth's Customer Service Advocacy
 Department to assist me at 216-957-3250, Option 2.
- The right to be informed, in advance, of any facility fees.
 - I understand that receiving care at hospital outpatient departments means that I have convenient access to more services and procedures.
 - I know that I may receive two charges on my MetroHealth patient billing statement for the same date of service: one for where I receive my care/ service and one for who provides it. For example, if I get an X-ray, I may receive a charge for where it is performed (the facility) and another charge for the clinician (the radiologist) reading the results.

Estimates

- The right to see a price estimate for services and a price list for elective procedures.
 - MetroHealth offers an online "My Cost Estimator" tool that allows me to receive price estimates based on my coverage. I can find that tool at: **estimator. pmmconline.com/MetroHealth/index.html**.
 - I will be able to review estimated costs for potential or scheduled services to help me understand my benefits and my out-of-pocket responsibility.
 - I will have access to a MetroHealth Financial Clearance Specialist, who can assist me, by calling **216-957-2325**, **Option 3**.
- The right to be informed of lower-cost options.
 - MetroHealth seeks to provide me with choices
 choices in location, types of procedures, and medications that may help me.
 - I can contact **216-957-2325**, **Option 3**, to know what other options might be available to me.

Rights & Responsibilities

Billing, Customer Service Advocacy, **Financial Coordination**

- The right to be informed about, and given access to, financial assistance/financial coordination programs and reduced-price care programs.
 - MetroHealth has always maintained a compassionate financial assistance policy.
 - I have the right to have my personal financial circumstances confidentially reviewed to see if I might qualify for assistance.
 - I deserve a process that is respectful, dignified, and patient-centric with the goal of ensuring my uninterrupted care.
 - MetroHealth also maintains answers to frequently asked questions online at metrohealth.org/patients-and-visitors/financialservices/financial-services-faq.
 - MetroHealth is available to answer my questions about potential financial assistance programs via phone at 216-957-2325, Option 1, or toll-free at 877-509-0597, Option 6.
- The right to receive a clear billing statement, in language I understand.
 - I know I will receive an Explanation of Benefits from my insurance company. This is not a bill. The Explanation of Benefits will list all charges; which ones will be paid by insurance; and what, if anything, I owe.
 - If I owe something for my care, MetroHealth will also send me a statement after my insurance company processes the claim, which will clearly state how much I need to pay.
 - If I owe nothing, I will NOT receive a MetroHealth patient statement.
 - I can request additional information about my healthcare coverage, including my out-of-pocket responsibility, by calling 216-957-2325, Option 3. My responsibility will depend on my personal coverage.
 - If I do not have insurance, I will receive a MetroHealth patient statement reflecting my responsibility for payment.

- An accurate itemized bill.
 - Typically, only my insurer receives an itemized bill. However, I know I have the right to request MetroHealth to provide me with the same detailed bill.
 - I can request an itemized bill on MyChart, by email, or by mail.
 - I know that I can call the Customer Service Advocacy Department at 216-957-3250, Option 2, if I would prefer to speak with someone and get clarification.



Patient and Visitor Bill of Rights and Responsibilities (cont.)

Billing, Customer Service Advocacy, Financial Coordination (cont.)

- The right to know that if I dispute a bill, it will not be sent to a collection agency.
 - MetroHealth offers many payment options, including payment plans with 0% interest, and I can contact the Customer Service Advocacy Department at 216-957-3250, Option 2, to find out more about these options.
 - MetroHealth also will carefully and thoroughly review any bills I dispute — and will not send the bill to a collection agency while it is being reviewed.

- I understand that overdue bills that are not disputed may be sent out for collection.
- The right to be informed of any conflicts of interest.
 - MetroHealth maintains rigorous conflict-of- interest policies and oversight.
 - I will be informed of any conflicts of interests involving my providers.

When you get emergency care or are treated by an out-of-network provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing. Please see the Model Notice Disclosure on the next page or **at metrohealth.org/NoSurprisesAct** for more information on the new federal rules on surprise billing.



Rights & Responsibilities

Your Rights and Protections Against Surprise Medical Bills

What is "balance billing" (sometimes called "surprise billing")?

When you see a doctor or other healthcare provider, you may owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. You may have other costs or have to pay the entire bill if you see a provider or visit a healthcare facility that isn't in your health plan's network.

"Out-of-network" describes providers and facilities that haven't signed a contract with your health plan. Out-ofnetwork providers may be permitted to bill you for the difference between what your plan agreed to pay and the full amount charged for a service. This is called "balance billing." This amount is likely more than in-network costs for the same service and might not count toward your annual out-of-pocket limit.

"Surprise billing" is an unexpected balance bill. This can happen when you can't control who is involved in your care — like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

You are protected from balance billing for:

Emergency services

If you have an emergency medical condition and get emergency services from an out-of-network provider or facility, the most the provider or facility may bill you is your plan's in-network cost-sharing amount (such as copayments and coinsurance). You can't be balance-billed for these emergency services. This includes services you may get after you're in stable condition, unless you give written consent and give up your protections not to be balanced-billed for these post-stabilization services.

Certain services at an in-network hospital or ambulatory surgical center

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out of network. In these cases, the most those providers may bill you is your plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers can't balance-bill you and cannot ask you to give up your protections not to be balance-billed.

If you get other services at these in-network facilities, outof-network providers can't balance-bill you, unless you give written consent and give up your protections.

> You're never required to give up your protections from balance billing. You also aren't required to get care out of network. You can choose a provider or facility in your plan's network.



Your Rights and Protections Against Surprise Medical Bills (cont.)

You are protected from balance billing for: (cont.)

When balance billing isn't allowed, you also have the following protections:

- You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in network). Your health plan will pay out-ofnetwork providers and facilities directly.
- Your health plan generally must:
 - Cover emergency services without requiring you to get approval for services in advance (prior authorization).
 - Cover emergency services by out-of-network providers.
 - Base what you owe the provider or facility (costsharing) on what it would pay an in-network provider or facility and show that amount in your Explanation of Benefits.
 - Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit.



Rights & Responsibilities

If you believe you've been wrongly billed,

you may contact the Department of Health and Human Services at **1-800-985-3059** or visit **www.cms.gov/nosurprises**.

Visit **www.cms.gov/nosurprises/consumers** for more information about your rights under federal law.

Ohio law also protects patients against balance- billing by out-of-network providers. For more information, visit insurance.ohio.gov/strategic-initiatives/surprise-billing.



Advance Directives

Fill Out Your Forms

Bring a copy of your advance directives with you the day of your procedure so that your most current information and wishes are on file. For more information, and if you need forms, contact the Social Work Office at **216-778-2371**, Monday through Friday, 8:30 a.m. to 5 p.m., and ask for the manager.

Choose Your Care

Fill out advance directives so that your wishes are known and your loved ones are sure of what you want. One of the most important decisions you can make about your care is to fill out advance directives in case you can no longer speak for yourself. Advance directives are documents that let others know your wishes about the type of care you want. They will only be used if you become unconscious or too ill to communicate yourself.

Directives Can Include:

Living Will

This set of instructions explains the type of life-prolonging medical care you wish to accept or refuse. It can include your wishes about the use of resuscitation (CPR) if your heart stops, a ventilator if you stop breathing, or feeding tubes or IVs if you cannot eat or drink.

Durable Power of Attorney for Healthcare

This is a legal document that names your healthcare proxy — someone who is 18 years or older and can participate in medical decisions for you if you're unable to do so. An official healthcare proxy can represent your wishes on emergency care but also on other medical issues like potential treatment options, blood transfusions and kidney dialysis. Choose someone you trust, discuss your medical wishes with them, and make sure they agree to represent you in this role.





Important Information for Medicare Beneficiaries

Medicare Patients

We appreciate you choosing MetroHealth for your care. The Admitting Department is available to assist you with understanding your rights as a Medicare patient. In accordance with Medicare guidelines, as a patient, this is required within 36 to 48 hours of admission, depending on the circumstances. It is important for us to explain to you your Medicare rights as they relate to your hospital stay.

A representative will reach out to you upon you receiving inpatient or observation services to review the Medicare form within the first or second day of your stay. You may also contact the Admitting Department at **216-778-8011** at your convenience to complete this process or if you have any questions. The Admitting Department is available 7 days a week/24 hours a day. Please remember: Based on Medicare requirements, it is necessary for us to provide you or your designee with this important information.

Below is a summary of Medicare forms that could be reviewed with you or your representative that require your acknowledgement and signature. A copy of the required forms is included in this booklet. All completed forms will be sent to your room following a discussion with a representative.

Medicare-Required Forms:

- An Important Message from Medicare (IM1) is a hospital inpatient admission notice given to all beneficiaries (patients) with Medicare coverage explaining your discharge and appeal rights.
 - The Medicare Outpatient Observation Notice (MOON) is a standardized notice to inform Medicare beneficiaries (patients) that they are an outpatient receiving observation services and are not an inpatient of the hospital.

Please remember: Based on Medicare requirements, it is necessary for a representative to provide you or your designee with this important information so that your rights may be acknowledged and a signature obtained.

Rights Under Medicare

Ohio Livanta LLC advocates for Medicare beneficiaries to ensure they receive all the healthcare benefits and rights entitled to them. Please feel free to contact Livanta if you have a concern.

Your Rights While You Are a Hospital Patient

You have the right to receive all the hospital care that is necessary for the proper diagnosis and treatment of your illness or injury. According to federal law, your discharge date must be determined solely by your medical needs, not by any method of payment.

You have the right to be fully informed about decisions affecting the coverage and payment for your hospital stay and for any post-hospital services.

Talk to Your Healthcare Team About Your Stay in the Hospital

You and your healthcare team know more about your condition and your healthcare needs than anyone else. Decisions about your medical treatment should be made between you and members of your healthcare team. If you have any questions about your medical treatment, your need for continued hospital care, your discharge, or your need for possible post-hospital care, don't hesitate to ask your doctor or another member of your healthcare team. Your health plan, MetroHealth's patient representatives, or your nurse case manager also will help you with your questions and concerns about hospital services.

Medicare Information

If You Think You Are Being Asked to Leave the Hospital Too Soon and Are a Medicare Member

Upon admission, you will receive a written copy of an Important Message from Medicare about your rights. If you have not already received it, you may request it from your nurse case manager. This document explains your Medicare discharge rights regarding a peer review by a quality review organization. Peer Review Organizations (PROs) are groups of doctors who are paid by the federal government to review medical necessity, appropriateness, and quality of hospital treatment provided to Medicare patients.

You may exercise your right to request an immediate review by the PRO if you disagree with the discharge plan and/or discharge date. Those enrolled in a managed care plan (like an HMO) have the same right to review.

How to Request an Immediate Review of the Decision for Discharge

If you disagree with your insurance plan's discharge decision, please contact your nurse case manager, and they will assist you in contacting the appropriate party. If you have Medicare, please contact the Quality Improvement Organization (QIO) number on the form you received from your nurse case manager or request the form. You must contact the QIO no later than your planned discharge date and before you leave the hospital. If you do this, you will not have to pay for the services you receive during the appeal (except for charges like copayments and deductibles).

The Quality Improvement Organization can be reached at:

Ohio Livanta LLC

Phone: Toll-Free at: 1-888-524-9900 **TTY:** 1-888-985-8775

When you call Livanta, ask for a fast-track review. You should have the sheet titled "An Important Message About Your Rights" in hand when you call. Patients are given this sheet upon admission and then again before they leave the hospital.



Important Information for Medicare Beneficiaries (cont.)

How to Request an Immediate Review of the Decision for Discharge (cont.)

Please note:

- You can file a request for an appeal any day of the week. Once you speak to someone or leave a message, your appeal has begun.
- Ask the hospital if you need help contacting the QIO.
- You will receive a detailed notice of discharge from the hospital or your Medicare Advantage or other Medicare managed care plan (if you belong to one) that explains the reasons they think you are ready to be discharged.
- The QIO will ask for your opinion. You or your representative needs to be available to speak with the QIO, if requested. You or your representative may give the QIO a written statement, but you are not required to do so.
- The QIO will review your medical records and other important information about your case.
- The QIO will notify you of its decision within one day after it receives all necessary information.
- If the QIO finds that you are not ready to be discharged, Medicare will continue to cover your hospital services.
- If the QIO finds that you are ready to be discharged, Medicare will continue to cover your services until noon of the day after the QIO notifies you of its decision.

- If you do not request a review from the QIO, the health plan or hospital may bill you for all the costs of your stay, beginning at the point when the health plan's hospital coverage ends as noted in the "Important Message from Medicare."
- The health plan or hospital, however, cannot charge you for care unless you received the "Important Message" information.

If You Miss the Deadline to Appeal, You Have Other Appeal Rights

You still can ask the QIO or your plan for a review of your case:

- If you have Original Medicare, call the QIO listed on page 32.
- If you belong to a Medicare Advantage Plan or other Medicare managed care plan, call your plan.
- If you stay in the hospital, the hospital may charge you for any services you receive after your planned discharge date.

For more information, call: 800-MEDICARE (800-633-4227) TTY: 877-486-2048

Medicare Information

Important Message from Medicare

Patient name:

Your Rights as a Hospital Inpatient:

- You can receive Medicare covered services. This includes medically necessary hospital services and services you may need after you are discharged, if ordered by your doctor. You have a right to know about these services, who will pay for them, and where you can get them.
- You can be involved in any decisions about your hospital stay.
- You can report any concerns you have about the quality of care you receive to your QIO, Ohio Livanta LLC. The QIO is the independent reviewer authorized by Medicare to review the decision to discharge you.

Name of QIO: Ohio Livanta LLC Phone: Toll-Free at: 888-524-9900 **TTY:** 888-985-8775

- You can work with the hospital to prepare for your • safe discharge and arrange for services you may need after you leave the hospital. When you no longer need inpatient hospital care, your doctor or the hospital staff will inform you of your planned discharge date.
- You can speak with your doctor or other hospital staff if you have concerns about being discharged.

Patient number:

Your Right to Appeal Your Hospital Discharge:

- You have the right to an immediate, independent medical review (appeal) of the decision to discharge you from the hospital. If you do this, you will not have to pay for the services you receive during the appeal (except for charges like copayments and deductibles).
- If you choose to appeal, the independent reviewer will ask for your opinion. The reviewer also will look at your medical records and/or other relevant information. You do not have to prepare anything in writing, but you have the right to do so if you wish.
- If you choose to appeal, you and the reviewer will each receive a copy of a detailed explanation about why your covered hospital stay should not continue. You will receive this detailed notice only after you request an appeal.
- If the QIO finds that you are not ready to be discharged from the hospital, Medicare will continue to cover your hospital services.
- If the QIO agrees that services should no longer be covered after the discharge date, neither Medicare nor your Medicare health plan will pay for your hospital stay after noon of the day after the QIO notifies you of its decision. If you stop services no later than that time, you will avoid financial liability.
- If you do not appeal, you may have to pay for any services you receive after your discharge date.

The MetroHealth System 2500 MetroHealth Dr. Cleveland, OH 44109 **Phone:** 216-778-2075



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Important Message from Medicare (cont.)

How to Ask for an Appeal of Your Hospital Discharge

- You must make your request to the QIO listed.
- Your request for an appeal should be made as soon as possible but no later than your planned discharge date and before you leave the hospital.
- The QIO will notify you of its decision as soon as possible, generally no later than 1 day after it receives all necessary information.
- Call the QIO listed on page 32 to appeal or if you have questions.

If You Miss The Deadline to Request An Appeal, You May Have Other Appeal Rights:

- If you have Original Medicare: Call Ohio Livanta LLC, Toll Free Phone: 888-524-9900 TTY: 888-985-8775
- If you belong to a Medicare health plan: Call your plan.

Insurance Plan:_____ Insurance Telephone Number:_____

For more information, call 1-800-MEDICARE (1-800-633-4227) or TTY: 1-877-486-2048. CMS does not discriminate in its programs and activities. To request this publication in an alternative format, please call 1-800-MEDICARE or email AltFormatRequest@cms.hhs.gov.

Additional Information:

To speak with someone about this notice, call the Center for Care Coordination: 216-778-2075

Hospital Name: The MetroHealth System Provider ID: Acute: 360059 Psych: 36S059 Rehab: 36T059

Please sign below to indicate you received and understood this notice.

I have been notified of my rights as a hospital inpatient and that I may appeal my discharge by contacting my QIO.

Signature of Patient or Representative

Date/Time

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1019. The time required to complete this information collection is estimated to average 15 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to CMS, 7500 Security Blvd., Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

Medicare Information

Medicare Outpatient Observation Notice (MOON)

This is a standardized notice to inform Medicare beneficiaries (patients) that they are an outpatient receiving observation services and are not an inpatient of the hospital. When you are an observation patient, your current status does not meet Medicare's rules for inpatient admissions.

Medicare Part B covers outpatient hospital services, including observation services when they are medically necessary.

To review the Medicare Outpatient Observation Notice (MOON), please refer to the next page.

If you have any questions about the form, the Admitting Department can be reached at **216-778-8011** to answer any questions. The department is available 7 days a week/ 24 hours a day.





Patient name:_

Patient number: ___

You're a hospital outpatient receiving observation services. You are not an inpatient because:

Being an outpatient may affect what you pay in a hospital:

- When you're a hospital outpatient, your observation stay is covered under Medicare Part B.
- For Part B services, you generally pay:
 - A copayment for each outpatient hospital service you get. Part B copayments may vary by type of service.
 - 20% of the Medicare-approved amount for most doctor services, after the Part B deductible.

Observation services may affect coverage and payment of your care after you leave the hospital:

- If you need skilled nursing facility (SNF) care after you leave the hospital, Medicare Part A will only cover SNF care if you've had a 3-day minimum, medically necessary, inpatient hospital stay for a related illness or injury. An inpatient hospital stay begins the day the hospital admits you as an inpatient based on a doctor's order and doesn't include the day you're discharged.
- If you have Medicaid, a Medicare Advantage plan, or other health plan, Medicaid or the plan may have different rules for SNF coverage after you leave the hospital. Check with Medicaid or your plan.

NOTE: Medicare Part A generally doesn't cover outpatient hospital services, like an observation stay. However, Part A will generally cover medically necessary inpatient services if the hospital admits you as an inpatient based on a doctor's order. In most cases, you'll pay a one-time deductible for all of your inpatient hospital services for the first 60 days you're in a hospital.

If you have any questions about your observation services, ask the hospital staff member giving you this notice or the doctor providing your hospital care. You can also ask to speak with someone from the hospital's utilization or discharge planning department.

You can also call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

Medicare Information

Your costs for medications:

Generally, prescription and over-the-counter drugs, including "self-administered drugs," that you get in a hospital outpatient setting (like an emergency department) aren't covered by Medicare Part B. "Self-administered drugs" are drugs you'd normally take on your own. For safety reasons, many hospitals don't allow you to take medications brought from home. If you have a Medicare prescription drug plan (Part D), your plan may help you pay for these drugs. You'll likely need to pay out of pocket for these drugs and submit a claim to your drug plan for a refund. Contact your drug plan for more information.

If you're enrolled in a Medicare Advantage plan (like an HMO or PPO) or other Medicare health plan (Part C), your costs and coverage may be different. Check with your plan to find out about coverage for outpatient observation services.

If you're a Qualified Medicare Beneficiary through your state Medicaid program, you can't be billed for Part A or Part B deductibles, coinsurance, and copayments.

Additional Information (Optional):

Please sign below to show you received and understood this notice.

Signature of Patient or Representative

CMS does not discriminate in its programs and activities. To request this publication in an alternative format:

Please call 1-800-MEDICARE or Email AltFormatRequest@cms.hhs.gov

MetroHealth







State, District, County, and Local Agencies

If you have any questions concerning the care you have received, you may, at any time, contact any of these agencies:

Department of Health – State Office Ohio Department of Health

Health Care Facility Complaint Hotline, ODH PCSU 246 N. High St. Columbus, OH 43215 800-342-0553

Department of Health – Local Office Ohio Dept. of Health – N.E. District Office, Bureau of Long-Term Quality 161 S. High St., Suite 400 Akron, OH 44308

330-643-1300

Ombudsman – State Long-Term Care Ombudsman 50 W. Broad St., 9th Floor Columbus, OH 43215 800-282-1206

Ombudsman – Local 2800 Euclid Ave., Suite 200 Cleveland, OH 44115 216-696-2719 800-365-3112 216-696-6216 (Fax)

Ohio Department of Insurance

50 W. Town St. 3rd Floor, Suite 300 Columbus, OH 43215 800-686-1526 (Consumer Hotline) 800-686-1527 (Fraud Hotline)

Ohio Department of Insurance – Senior Hotline

Ohio Senior Health Insurance Information Program (OSHIIP) 800-686-1578

Medicaid – Local Ohio Medicaid Consumer Hotline 800-324-8680 Medicaid Consumer Hotline – Fraud 1641 Payne Ave., Room 350 Cleveland, OH 44114 216-987-7000

Medicare

Social Security Administration – Medicare Office 1240 E. Ninth St., Room 793 Cleveland, OH 44114 800-772-1213 (Social Security) www.socialsecurity.gov Medicare Hotline (Fraud and Abuse) 800-633-4227

Medicare Complaint Hotline

800-404-8702 Department of Aging – State Ohio Department of Aging 50 W. Broad St., 9th Floor Columbus, OH 43215 800-266-4346 (General Information)

Western Reserve Area Agency on Aging

925 Euclid Ave., Suite 550 Cleveland, OH 44115 800-626-7277 (Ohio Only)

Medicare Information

Clinical Ethics Consult Service

Page 216-207-1095 or call 216-207-8497

The role of the Clinical Ethics Consult Service is to assist patients, family members, friends, and healthcare professionals regarding ethical issues that arise in the healthcare setting.

Examples include assistance in:

- Understanding patient wishes and values and the role of a surrogate.
- Resolving conflicts regarding difficult treatment decisions or goals of care.
- Decision-making at or about the end of life.
- Interpreting and applying advance directives.

Any patient, visitor, or healthcare professional may request a clinical ethics consultation.

Leaving Against Medical Advice

MetroHealth respects the decision of adult patients who have decision-making capacity and choose to leave their patient care unit at MetroHealth against medical advice (AMA).

The only exceptions are when staff accompanies the patient, the patient is in a rehabilitation unit and is signed out, a postpartum patient is signed out to the Neonatal Intensive Care Unit, or the patient is signed out to a waiting room.

Smoking is not a reason to leave the patient care unit. No hospital equipment other than a wheelchair or walker can leave the unit.

If the patient is a minor and the parent takes the patient AMA, Child Protective Services may be contacted.











About MetroHealth

Founded in 1837, MetroHealth is leading the way to a healthier you and a healthier community through service, teaching, discovery, and teamwork. Cuyahoga County's public, safety-net hospital system, MetroHealth meets people where they are, providing care through five hospitals, four emergency departments, and more than 20 health centers. Each day, our nearly 9,000 employees focus on providing our community with equitable healthcare—through patient-focused research, access to care, and support services—that seeks to eradicate health disparities rooted in systematic barriers. For more information, visit metrohealth.org.

connect@metrohealthcle



