

Why Open Table at MetroHealth?

As part of its promise to improve the health of the community, The MetroHealth System is adopting the Open Table model and is committed to launching 15 Tables to provide a support system and resources to those in need of creating change in their lives.

MetroHealth will be the first health system in the nation to adopt the model and use it on a larger population. A program manager will identify local families in need of support, and community members will be invited to sponsor the Tables. A few Tables will be Spanish-speaking, ensuring those in the Hispanic community around MetroHealth's West 25th Street main campus are served.

Each Table will be comprised of six to ten volunteers who will commit to helping a family for one year. They will meet weekly. The group acts as a team of supporters and advocates, using their professional and personal experiences to provide guidance in a non-judgmental space.

MetroHealth is currently forming its framework for the program and plans to launch the first Tables in the fall of 2018.

For more information on Open Table, please visit theopentable.org.

To learn more about serving on a MetroHealth Table, please email opentable@metrohealth.org.



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What is Open Table?

Open Table's model draws together the potential of relationship and intellectual and social capital of people and communities. It provides technical support, training, structure and process.

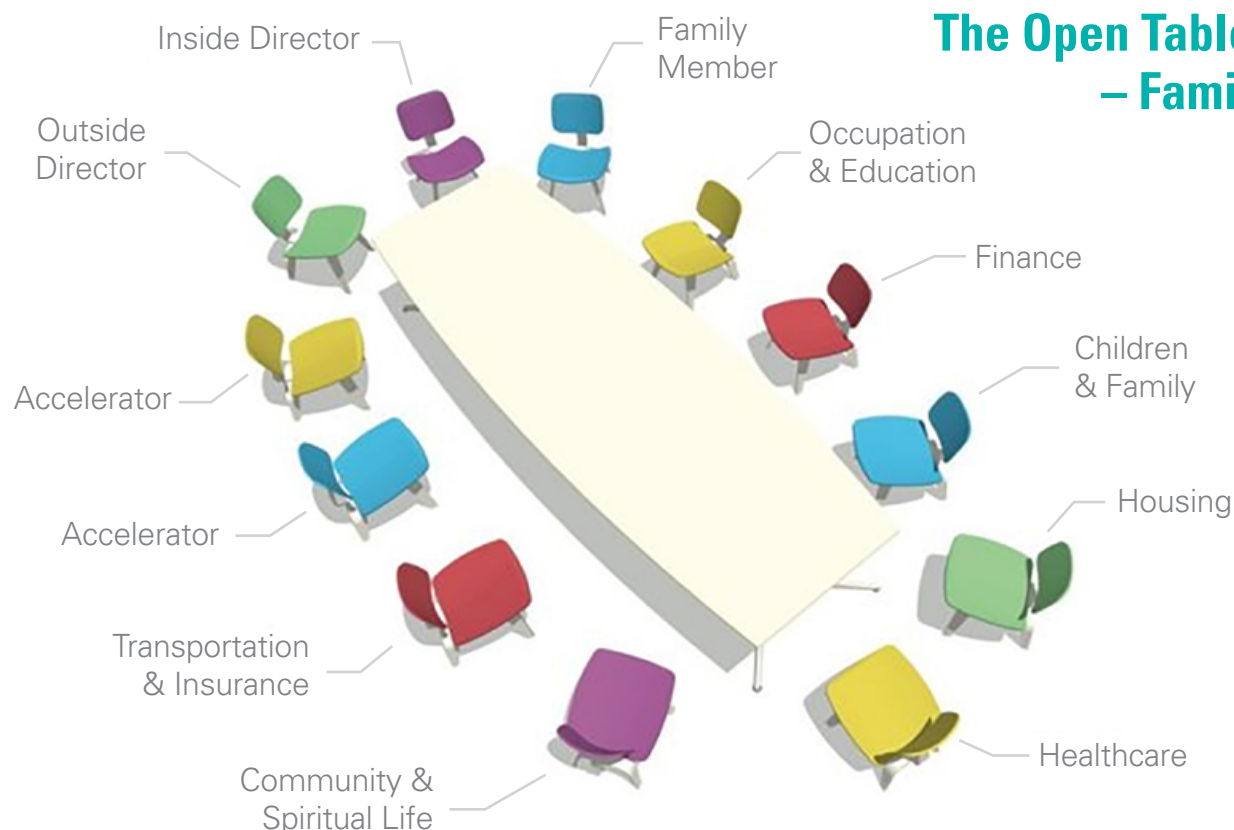
Each Table is composed of a group of volunteers that make a year-long commitment to act – through relationship – as a team of life specialists, encourages and advocates. Over the course of a year, the Table works together to set goals, foster accountability and implement a plan to create change.

The Open Table Mission

The Open Table model trains faith, government, business, non-profit and other sectors to work together to transform the intellectual and social capital and personal networks of their members and employees into tools individuals and families experiencing economic poverty can use to develop and implement plans to have better lives.

Through Open Table, communities move from transactional responses to poverty to transformational solutions.

While people join Tables to help others, they soon realize that they themselves become transformed by the reciprocal relationships they create. Through the Open Table, relationship is mutual: friendship, healing, purpose and transformation given by each other for each other. Open Table believes in human potential and the Open Table model allows people to give lives of meaning to each other.



*In addition to these chair roles, one Table member will also serve as an advocate for the Family Member.

**The Table size for a family or single parent with parenting responsibilities is 10 to 12 Table members.

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The Open Table Model

Community partners use the Open Table model to create community and transformation through relationships with individuals and families who are homeless or experiencing poverty, including young adults, veterans, probation/re-entry, survivors of human trafficking, refugees and others.

Organizations recruit volunteers who are trained to launch "Tables." A Table is the platform through which Family Members and organization members enter into relationship. Each Table is composed of a group of volunteers that make

a year commitment to act as a team of life specialists, encouragers, and advocates for individuals and families experiencing poverty or other life challenges.

The Table members, together with the individual or family being served, establish goals, accountability, and develop an overall implementation plan. Table members network in their organizations and the community for resources to support the plan.