

Mission:

To provide wraparound support for opiate-dependent pregnant women to facilitate the best possible outcome for mom and baby.



MetroHealth

Division of Maternal-Fetal Medicine

The MetroHealth System

[metrohealth.org/
mother-and-child-dependency-program](http://metrohealth.org/mother-and-child-dependency-program)



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Mother and Child Dependency Program

for Women with
Opioid Use Disorder



**Every four hours a baby exposed
to opiates is born in Ohio.**

Here's how The MetroHealth System is intervening
for healthier pregnancies and babies.

Mother and Child Dependency Program for Women with Opioid Use Disorder

Program Highlights:

- 24/7 hospital admission when pregnant woman is ready to transition to methadone or buprenorphine
- Collaboration with treatment programs in Cuyahoga, Lorain, Lake and Ashtabula counties
- More than 175 women seen each year
- Project DAWN kits available in our clinic



Participants:

- » Are accepted into the program at any point in pregnancy
- » Receive prenatal care at MetroHealth Medical Center
- » Benefit from full care coordination between MetroHealth and partnering agencies
- » Are offered medication assisted treatment

Why Medication Assisted Treatment?

- » Lowers risk for maternal and neonatal complications from street drugs and associated behaviors
- » Helps prevent withdrawal and cravings
- » Lowers risk of relapse and potential for death by overdose

Support Team:

- » Prenatal care from Maternal-Fetal Medicine Department
- » Addiction psychiatry
- » Neonatology consult
- » Liver clinic for Hepatitis C
- » Behavioral and medical pediatrics
- » Care coordination provided by social work

Additional Services:

- » Care coordination with internal and external providers
- » Linkage to medication assisted treatment provider
- » Social work support during prenatal care, delivery and infant's hospital stay

In 2017, MetroHealth cared for 180 pregnant women with opiate disorder and 126 newborns who had exposure to opiates.

180 pregnant women

- 49% had hepatitis C
- 29% were victims of assault
- 16% reported a history of prostitution
- 67% have a mental health diagnosis
- 75% reported using heroin
- 61% reported beginning with prescription opioids
- 73% were linked to a treatment program, with varying degrees of compliance
- 33% were positive for opiates at delivery
- 44% had previous children in DCFS custody
- 30% of moms provided breast milk
- 30% were from outside of Cuyahoga County

126 babies

- 19% were diagnosed with poor prenatal growth
- 25% were preterm deliveries, <37 weeks
- 62% received medication for opioid withdrawal
- Almost 70% went home with mom
- 4% were adopted
- Approximately 25% went to family members or foster care

For more information: metrohealth.org/mother-and-child-dependency-program