

# Trans Care Navigation



## What is Trans Care Navigation?

- Trans Care Navigation is a program to help with access to trans-specific healthcare services for transgender and gender non-conforming individuals, including sexual health.

## What services could a Trans Care Navigator help me access?

- The PrEP & Trans Care Navigator will assist patients with:
  - » Navigating HIV care and prevention with PrEP
  - » Collaborating with existing gender-affirming care providers
  - » Navigating insurance and coverage
  - » Facilitating access to trans-specific needs (like hormones, laser hair removal, gender affirming surgical options and more).

## Who can receive Trans Care Navigation services?

- Any person who identifies as transgender, gender non-conforming, gender queer or is questioning and wants to learn more.

## How do I reach a Trans Care Navigator?

- MetroHealth's Trans Care Navigator can be reached at (216) 77-TRANS (778-7267).

## When is the right time to reach out for Trans Care Navigation?

- Please reach out if you have questions, just want to talk to another person of trans experience who will understand your needs or when you're ready to access services – you'll know when the time is right for you!

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