How to Sign up for Gohio Commute

https://gohiocommute.com/s/metrohealth

Updated – May 2021
MetroHealth

Welcome to Gohio Commute. This subsystem is for employees of The MetroHealth System in Ohio.

Looking to join? Welcome to Gohio Commute. This subsystem is for employees of The MetroHealth System in Ohio. Find your smarter, healthier, and more cost-effective way to commute to work and home each day, and help clean the air in Northwest Ohio. Just register, search your commute, log your trip each day, and track your savings.
Enter your @metrohealth.org email address or a personal email address

Create your own password
Home address remains confidential – MH Administrator cannot even see it
Sign Up

Account

Home

Work

Employer

Commute

Other

Work Address

2500 MetroHealth Drive

Address Line 2

Cleveland

Ohio

44109

← PREVIOUS

NEXT →
MetroHealth Network is already selected

*You can also join another network if you ever want to find carpools or bike pools with other employees from organizations or businesses located nearby (EX: MetroParks Zoo)
You can select preferred commute mode – transit, carpool, etc. for your typical commute mode & enter typical days that you work and the times
EX: Transit rider who works Mon-Fri, from 7am - 3:30pm
Phone number remains confidential – MH Administrator cannot even see it

To get matched with a carpooler or bikepooler from MH – check first box “I am interested in finding a carpool / bike pool partner”

Guaranteed Ride Home – for car and bike pools – 4 times/year – get reimbursed for uber/taxi ride home in an emergency situation
Welcome! Your account has been created and you are now logged in.
Almost done!

Tell us about your normal commute. From here, you can define your preferences and choose to participate in our alternative transportation program.

Don't ask me again: NOT NOW OKAY, LET'S GO
Home to Work addresses you entered become your default Saved Commute

If you are a carpooler or bikepooler – select if you want to be driver or passenger, add other notes

“I prefer to commute with....” Can select MetroHealth only, if want
You are all set up! Log your commutes each day or....you can do it just twice a month, or....use the Commute Tracker to get reminders to log your commutes (see next few slides)

2021 MetroHealthy Program
- Earn 100 points for registering for Gohio Commute
- Earn up to 400 points / week for biking, walking, transit, carpool, telework commutes (100 per commute day)
Today’s date is automatically selected --- TIP: you can add up to 2 weeks of past work days to log commutes all at once.
Make a mistake? Select “History” button to edit commutes that you entered.

Select a date to edit and this editing box pops out.
Dashboard gets updated with savings

“View all my stats” shows total number of trips, total miles traveled & non-SOV distance traveled; also tells you calories burned, carbon emissions avoided
Commute Logging – Gohio Commute & Commute Tracker App

Good for logging commute trips

**Tracks your trips using your phone

Connects to Gohio Commute

https://gohiocommute.com/s/metrohealth