Myths vs. Facts on the COVID-19 Vaccine

Myth	Fact
The vaccines aren't safe because of how fast they were created.	The production process for both vaccines was reviewed and approved by a data safety monitoring board and the vaccines were tested very carefully. Millions of people have already been safely vaccinated.
You can get COVID-19 from getting the vaccine.	This is NOT true. The COVID-19 vaccine does not contain any part of the virus, and it cannot infect you.
The vaccine will make me feel sick after taking it.	Some people have flu-like symptoms including fever, chills, tiredness or a sore arm, but this is normal! It means the vaccine is teaching your body to create an immune response! These symptoms usually go away within a day or two.
Food allergy, immunocompromised, breastfeeding or pregnant people can't get the vaccine.	Those who have a history of severe allergies, are immunocompromised, pregnant or breastfeeding should discuss getting a vaccine with their doctor.
I had COVID-19 so I don't need the vaccine.	Natural immunity length for those who have had COVID-19 is unknown, so vaccination is still recommended.
No need for mask or social distancing after vaccine.	You must still take these steps to help end the pandemic, as we don't know if the vaccine prevents you from transmitting the virus. Continue to wash your hands, watch your distance and wear a mask.
COVID-19 vaccine alters DNA.	No, the vaccine cannot change your DNA.
How much will it cost to get the COVID-19 vaccine?	There is no cost for the vaccine.
When and where can I expect to get the vaccine?	MetroHealth has begun vaccinating patients following state and federal guidelines. Vaccinations are available by appointment only.
	MetroHealth is using MyChart to schedule appointments for our patients.
	If you are an existing MetroHealth patient but have not set up a MyChart account, please visit www.metrohealth.org/mychart .
	If you are an existing patient who is eligible for the vaccine and need help scheduling your appointment, please call 216-778-6100 .

