Telehealth vs. In-Person Visit
How to Choose Care

Your MetroHealth care team is always here for you, whether it's in person or through a telehealth visit. If you're not sure what visit type is best for you, call or MyChart message your provider today.

metrohealth.org/appointments

In-person visit
You should **ALWAYS** see a provider in-person for these concerns:

New patients to build relationship with provider	Annual preventive care/ physical exam	New or ongoing, undiagnosed issues that require a physical exam, tests and screenings	Upset stomach/ abdominal pain	Reproductive health	Procedures (such as sutures, suture removal, breathing treatment, etc.)

Telehealth visit
You can see a provider through a telehealth (video or telephone) visit for these types of concerns and more:

Fever, cough, cold or flu	Skin and nails, such as minor burns, rashes, dry skin/eczema, poison ivy/oak, insect bites athlete's foot, ingrown nails or acne	Cuts that do not require stitches	Joint or back pain/sprains	*Respiratory infections, bronchitis, seasonal or pet allergies	Chronic disease management (Diabetes, Headaches, High Blood Pressure, High Cholesterol, Weight Management, Smoking Cessation) **after you have a treatment plan**
Sore throat, sinus infections, stuffy nose or hoarseness	New patients with urgent-type needs, like sore throat, cough and ear pain	Gastrointestinal, such as heartburn, nausea, vomiting or diarrhea	Women's issues, such as urinary tract infections	Eye infections, irritations or pink eye	

*If you are exhibiting symptoms of coronavirus/COVID-19, please call 440-59-COVID (440-592-6843) to speak with a clinician who can advise you.

Go to the Closest ER or Call 911 for the Following Emergencies

Difficulty breathing	Fainting	Chest pain or pressure	Uncontrolled bleeding	Sudden severe pain	Coughing or vomiting blood	Poisoning	Major injuries, such as broken bones	Sudden facial drooping or weakness in an arm or leg

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