

MEET THE FOUNDATION'S NEW **BOARD MEMBERS**

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N.E.T. Aims to Grow Engagement and Increase Impact on MetroHealth

For the past four years, the members of MetroHealth N.E.T. have been promoting the initiatives of The MetroHealth System.

One of MetroHealth N.E.T.'s ("Now, Every day, Tomorrow") first members, Lauren Nadaud, is currently serving a one-year term as chair.

"It has been a truly fulfilling experience as it has enabled me to meet so many wonderful people and see all of the good that MetroHealth does in the greater Cleveland area," says Nadaud, a finance manager at Cleveland Clinic.

Born and raised in Cleveland, she lived in Chicago and New York for several years before moving back here with her husband.

N.E.T.'s vice chair is Nick VanDemark, communications manager at LifeBanc. Aware of his desire to get more involved in the community, Nadaud in early 2015 recruited VanDemark, whom she met while both were students at Miami University in Ohio, for MetroHealth N.E.T.

"I've always felt it is important to be an active member of any community in which you live and I believe in the mission of MetroHealth," says VanDemark, who will succeed Nadaud as chair at the end of the year.

VanDemark sees 2017 as a time for N.E.T. to expand and strengthen its impact.

"It's very important that those who may be better off financially know the impact MetroHealth has on our community and how that impact will not only improve patients' lives, but improve the lives of everyone who lives here," he says.

Today, MetroHealth N.E.T. members come together for events throughout the year. In May the group held its annual spring Kick-Off mixer at Masthead Brewing Company in downtown Cleveland.







Past events include:

- A Cleveland Browns tailgate at Market Garden Brewery
- A Trivia Night at Jukebox, a music-centric tavern
- The "60 Minutes ... 10 Questions" conversation series that launched in Fall 2016, which brings together N.E.T. members with leaders at MetroHealth and in the community.
- The annual N.E.T. Holiday Party. In December, members celebrate the work
 of the MetroHealth programs for which they raised funds during the year.

The group's funding and support priorities for 2017 are:

- Arts in Medicine The mission of Arts in Medicine is to embed visual, performing and therapeutic arts throughout MetroHealth as a way to promote healing and wellness. Through their programs and services, Arts in Medicine also engages patients, families, caregivers and the greater community.
- Office of Opioid Safety The first of its kind in Northeast Ohio, the Office of Opioid Safety is scheduled to open July 1. MetroHealth created the office to focus on education, advocacy and treatment. It will help health care providers connect with patients at risk of addiction; find more ways for patients to get the recovery services they need; and analyze data to spot trends that will help create new policies and practices to prevent and treat addiction.
- Simulation Center Since late 2012, the MetroHealth Simulation Center (SIM Center) has been an interdisciplinary training facility that provides innovative education and training through various types of technical and human simulation programs. The SIM Center serves MetroHealth staff and trainees as well as numerous regional health care programs and professionals.

If you would like more information about MetroHealth N.E.T. membership, please contact Tracey Kastelic, Director of Donor Relations and Reporting, at 216-778-7525 or tkastelic@metrohealth.org.

New Foundation Board Members



Rachel Ciomcia

Rachel Ciomcia, vice president of strategic engagement and director of Cleveland Bridge Builders at Cleveland Leadership Center, providing leadership development for civic engagement.

Ciomcia formerly worked

as a social worker at MetroHealth and as a program coordinator at Care Alliance Health Center.

A graduate of the Cleveland Bridge Builders Class of 2010, Ciomcia also is vice chair of the Greater Cleveland Sports Commission's associate board. She previously served on the Board of Trustees for Hitchcock Center for Women and the MetroHealth N.E.T. executive board.

Ciomcia received a bachelor's degree from Ohio University and a master's of science in social administration (MSSA) from the Mandel School of Applied Social Sciences at Case Western Reserve University.

She lives in North Ridgeville with her husband, Matthew Ciomcia and son Carson.



John Grech

John Grech, financial advisor with Edward Jones Investments. He established the Middleburg Heights branch office of Edward Jones in 2009 and was named a Limited Partner with the firm in 2015. Grech specializes in individual

investors and small business owners.

Since 2010 Grech has been a board member of the Middleburg Heights Chamber of Commerce and is currently in the role of past president and advisor following two terms as president. He has also been a member of the Middleburg Heights Kiwanis Club and the Middleburg Heights City Club and is an adult education instructor for investments and finance at Polaris Career Center.

Grech is a graduate of Saint Ignatius High School in Cleveland and received a bachelor's degree from the Boler School of Business at John Carroll University.

He lives in Middleburg Heights with his wife, Nancy, and daughter Vivienne.



Marcy Levy Shankman, PhD

Marcy Levy Shankman, PhD,

leadership coach and strategist at the Cleveland Metropolitan School District (CMSD). Her focus is on providing coaching and strategy support to the CEO and the senior leadership of CMSD. She has been a consultant in leadership development and organizational effectiveness since 1998. co-authored the book

"Emotionally Intelligent Leadership: A Guide for Students" and has written numerous journal and association magazine articles.

Shankman serves on the board for Facing History and Ourselves; the Student Leadership Advisory Board at the College of William and Mary; and various advisory committees, including the marketing and communications committee for the City of Shaker Heights and the Camp Wise committee for the Jewish Community Center of Cleveland.

Shankman received a bachelor's degree from the College of William and Mary; a master's degree from the University of Maryland at College Park; and a doctorate in higher education administration from Indiana University.

She lives in Shaker Heights with her husband, Brett, daughter Rebecca and son Joshua.



Sally Stewart

Sally Stewart, a realtor with Howard Hanna Real Estate Services. Stewart is a past winner of the company's Anna F. Hanna Legacy Award, presented to an individual who has demonstrated exemplary community involvement.

Since moving to Northeast Ohio in 1999, Stewart's community involvement has included serving on

the boards of Friends of the Cleveland School of the Arts and the Gordon Square Arts District. Her work as a trustee for United Way of Greater Cleveland led her to become a founding member of the organization's Woman's Leadership Council. She was named the 2015 United Way of Greater Cleveland Volunteer of the Year.

She also served as chair of the MetroHealth GALA2016 Auction Committee, whose efforts were instrumental in the event surpassing its fundraising goal.

Stewart is a member of the board of directors for College Now Greater Cleveland and the Cleveland Play House.

She and her husband, Terry, retired past president of the Rock and Roll Hall of Fame, live in Rocky River. Their son, Patrick Graney, is a 2017 graduate of Oberlin College & Conservatory.

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Introducing the Third Class of the

MetroHealth Medical Hall of Honor

Robert Bahler, MD

Cardiology

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Orthopaedics

Jerome Kleinerman, MD

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John H. Lowman, MD

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Surgery

Anthony Tavill, MD

Gastroenterology

John A. Toomey, MD

Researcher, pioneering infectious disease specialist

Established in 2011, the Hall of Honor pays tribute to individuals who have transformed MetroHealth and the practice of medicine. Inductees will be celebrated at a cocktail reception and dinner on Saturday, October 28, 2017, at Aloft Cleveland Downtown, 1111 West 10th Street, Cleveland

Please visit metrohealth.org/2017-hall-of-honor for ticket and sponsorship information or call 216-778-7509.

Chester Endowment Gifts Help to Launch Medical, Scientific Careers

For more than 35 years, high achieving college students have competed for the chance to spend the summer at MetroHealth. Over the course of 10 weeks, they work on research projects in clinical laboratory research

settings as part of the Edward M. Chester, MD, Summer Scholars Program.

This year the Chester Scholars Program attracted 83 applications for 15 spots. When they're not spending time on their own projects, students are given near free rein to explore all of the clinical areas of the hospital, including inpatient and outpatient areas, operating rooms and the emergency department.

Financial support for the Chester Scholars Program comes from the Chester Endowment, established in 1981 in lieu of creating an endowed chair. It

covers administrative costs and a \$2,500 stipend for each scholar.

The program draws from the area's top students interested in careers in medical research or academic medicine, says John Moore, MD, Division Head, Neonatalogy and program director since 1989.

"We're providing a program in honor of one of our cherished alumni," he says. Dr. Chester, an inductee into the inaugural class of the MetroHealth Medical Hall of Honor, died in 2013.

Because Dr. Chester wanted to strengthen opportunities in the region, applicants are required to live in Ohio or attend an Ohio college or university. Students from more than 50 colleges and universities have taken part.

Case Western Reserve University School of Medicine holds a separate informational session for Chester Scholars that includes a meeting with the dean of admissions. Each year, three or four students from the program are accepted at the medical school.

"We were always hopeful that it would be a tremendous success," Moore says. "The program has exceeded our expectations."

Of the more than 420 alumni who have completed the Chester Summer Scholars program since 1981, five are current MetroHealth physicians:

Mary Corrigan, MD Family Practice

Sara Gradisar, MD
Obstetrics

Steven Houser, MD Otolaryngology (ENT) Aleksandr Rovner, MD Internal Medicine & Cardiology

Lance Wilson, MD Emergency Department

For information on how to make a gift to the Chester Endowment, please contact Lynn Effron at 216-778-1548 or leffron@metrohealth.org.

Zubizarreta House Complete; First Guests Expected This Summer

Nearly 60 people received a sneak peek at the interior of the newly constructed MetroHealth Zubizarreta House during a reception on March 23, 2017. The gathering gave attendees a chance to take a tour of the 7,000-square-foot house on Broadview Road next to the MetroHealth Old Brooklyn Health Center (OBC). The event also provided the opportunity for MetroHealth to celebrate the generosity of Miguel and Denise Zubizarreta of Bay Village and their family, who made the Zubizarreta House a reality with several gifts totaling more than \$1.5 million.

Earlier this month, the fully accessible facility was given final occupancy approval. People with spinal cord injuries who travel to MetroHealth for research-related treatment and evaluation now have a comfortable home away from home. OBC is the site of ongoing research on the use of functional electrical stimulation (FES) to give disabled people increased independence and improved quality of life.

"I'm excited to use the facility," says Maria Sutter of Medina, who sustained a spinal cord injury in 2004. She has been involved in research at the FES Center for the past decade.



Above: Maria Sutter, left, Kevin Kilgore, PhD, Miguel Zubizarreta and Daniel K. Lewis, MetroHealth's Executive Vice President and Chief Operating Officer preside over the official ribbon cutting of Zubizarreta House.

Sutter says she's impressed at how quickly the Zubizarreta House was realized, and how it fulfills every basic need, and beyond, for its guests.

"Potentially, I have an opportunity to have another FES procedure and stay at the house," she says. "Even though I only live 35 minutes away, staying at the house really makes the long days of testing and programming that go along with the implant surgeries less grueling."

Please contact Lynn Effron at 216-778-1548 or leffron@metrohealth.org if you are interested in making a gift toward Functional Electrical Stimulation research at MetroHealth.

Thank You For Your Support!



The **Delta Delta Delta Cleveland West Side Alumnae Chapter** held its second annual "Mad for Metro" fundraising event on March 24, 2017. Chapter President Kathy Woolner, left, presented a check for \$10,000 to Lydia Bert, RN, Administrative Director of the Department of OB-GYN at MetroHealth, for MetroHealth's Child Life and Education Program and the Comprehensive Burn Care Center.

More than 700 runners and walkers participated in Hyland Software's ninth annual **Hy-5: The Hyland 5K Run & 1-Mile Walk** in Westlake on May 13, 2017. The event raised more than \$20,000 for MetroHealth's Arts in Medicine program. Since 2009, the Hy-5 has raised more than \$220,000. A special thanks to the many Hy-5 event sponsors, including Course Sponsor Hyland Software; Pace Sponsor Tucker Ellis & West LLP; and Kilometer Sponsors Boyd Watterson Asset Management, The Emerald Foundation, Hartland & Co., Medical Mutual and LISBank





The **American Cruisers Ohio** group held its 25th annual MetroHealth Burn Center Car Show on May 21, 2017. Vintage auto and motorcycle enthusiasts came out for the show at the General Motors parking lot in Brook Park. The event raised money for MetroHealth's Comprehensive Burn Care Center.

The third annual **NICU Benefit Golf Outing**, organized by Kristen and Greg
DiMarino of Medina, raised money for
the MetroHealth Neonatal Intensive
Care Unit (NICU). Golfers hit the links
at Shale Creek Golf Club in Medina on
May 26, 2017.



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For information on how you can host a fundraiser to benefit MetroHealth, please contact Tracey Kastelic at 216-778-7525 or tkastelic@metrohealth.org or visit metrohealth.org/foundation/events to review fundraising guidelines and register your event.

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MetroHealth Employees Create Resiliency Run to Help, Honor Patients

The idea of hosting a 5K run as a fundraiser for the John A. Gannon Trauma Center and the Comprehensive Burn Care Center at MetroHealth had been swirling about for several years among nurses who work closely with critical care patients.

Nothing ever got off the ground until early 2016, when Cristina Aldridge, RN, Trauma Program Coordinator; Mary Barnes, RN, Nurse Manager for the Burn Care Center; and Theresa Hannu, RN, Associate Chief Nursing Officer, decided that it was time to move forward.

They waited until the successful opening of the Critical Care Pavilion expansion in July 2016 and the completion of the Republican National Convention later that month before setting out to create an event whose proceeds would go toward providing services to trauma, burn and critical care patients.

A core group of a couple dozen volunteers from throughout MetroHealth came together: nurses, physicians, MetroHealth police and employees from Volunteer Services, Trauma Recovery Services, Accounting, External Affairs and The MetroHealth Foundation. Some were relatively new to MetroHealth. Others were

long-time employees. Aldridge and Barnes joined MetroHealth in 2010. Hannu has been with MetroHealth since 1997.

The inaugural Resiliency Run 5K Run and 1-Mile Walk was held on Sunday, June 11, 2017, raising money and honoring survivors and their families at the same time.

"People are on the trauma floor, in the ICU, in the Burn Center for a long time, sometimes for months," Barnes said. It's not uncommon for nurses and other staff to bring lunch to patients



Mary Barnes, RN, Theresa Hannu, RN, and Cristina Aldridge, RN $\,$



RESILIENCY **YUU**

who want a break from hospital food. They provide food, magazines and many other extras despite the lack of a dedicated budget for those types of amenities.

And they wish they could do even more, including having ample materials available for community outreach and educational events designed to prevent serious injuries that land people in the hospital.

At the same time, the opportunity to highlight the MetroHealth campus, the neighborhood and the employees also was important.

Said Aldridge: "We wanted to show the community how strong of a family MetroHealth is."

Upcoming FUNraising Events

West High All Year Reunion Golf Outing

July 28, 2017 Hickory Nut Golf Course, 23601 Royalton Rd., Columbia Station

Raising the NETs
Volleyball Tournament

July 29, 2017 Whiskey Island Volleyball Courts, 2800 Whiskey Island, Cleveland Marc Kiszak Memorial Golf Outing

August 19, 2017 Valleaire Golf Club, 6969 Boston Rd., Hinckley

Courts for Cancer

September 9, 2017 Cleveland Racquet Club, 29825 Chagrin Blvd., Pepper Pike

Fazio's Stunner Step 5K Run and 1-Mile Walk

September 9, 2017

Downtown Wellington

The John A. Gannon Memorial Golf Tournament

September 11, 2017 Manakiki Golf Course, <u>35501 Eddy</u> Rd., Willoughby

Central Basin Bass Club Tournament

October 15, 2017
Portage Lakes State Park, Akron (off Manchester Rd.)

Go to metrohealth.org/foundation/ events or call 216-778-7525 for information.

Four Join Foundation and System Philanthropy Department



Beth Darmstadter

Beth Darmstadter,

Director of Individual Giving. Prior to MetroHealth, Beth served for nine years as chief development officer at The Gathering Place, a nonprofit

cancer support center based in Beachwood and Westlake. She also worked at the Cleveland Foundation for 12 years as director of donor relations. Beth has a bachelor's degree from the University of Michigan and a master's degree in public health (disease prevention/health promotion) from San Diego State University. Beth lives in Berea; her daughter, Emily, is a student at Oberlin College.



Scott Hamilton

Scott Hamilton,

Director of Corporate Giving. Scott comes to MetroHealth from Cleveland-Marshall College of Law at Cleveland State University (CSU), where he was

assistant dean for advancement and external affairs. Prior to joining CSU, Scott was on the staff of the Hanna Perkins Center for Child Development, where he served as director of development.

Scott has a bachelor's degree from Miami University of Ohio and a master of arts degree in psychology from CSU, with a Diversity Management Professional certification. Scott lives in Shaker Heights with his wife, Lisa, and their three children, Olivia, Chad and Felecia.



Tracey Kastelic

Tracey Kastelic,

Director of Donor Relations and Reporting. Tracey relocated back to Cleveland from Cincinnati, where she served as the director of strategy

and special initiatives for Cincinnati Children's Hospital Medical Center Development
Department for five years. Tracey also is the former program director for the Cleveland
Clinic's Scott Hamilton CARES Initiative and was executive director of Susan G. Komen for the Cure Northeast Ohio Affiliate from 2000 to 2005. Tracey has a bachelor's degree from Miami University in Ohio and a master's degree in Urban Planning, Design and Development from the Maxine Goodman Levin College of Urban Affairs at Cleveland State University. In addition, she studied Workplace Strategy and Design at the University of Melbourne in Australia and worked as a consultant and speaker in that field.



Cindy Meehan

Cindy Meehan,

Accounting and Finance Manager. Cindy joined MetroHealth in 1992 as a physician compensation specialist. She then began working in various aspects of

accounting, including as the staff accountant for the Foundation and System Philanthropy Department. For nearly 20 years Cindy provided finance support for MetroHealth, most recently as Finance Director for the Heart & Vascular, Surgery, and Trauma, Burns & Critical Care service lines. Cindy has a bachelor's degree from St. Mary's College in Notre Dame, Indiana, and a master's degree (Master of Accountancy and Financial Information Systems) from Cleveland State University. Cindy and her husband, Tom, live in Avon with their three children.

In addition, five members of the department have assumed new roles. Lynn Effron, who joined MetroHealth in 2012, is a Major Gifts Officer.

Nordeen Kronika is Foundation and System Philanthropy Assistant. She has been with MetroHealth since 1993 and joined the Foundation in 1996. Linda Pettit is Executive Assistant to the President of the Foundation and to the Senior Vice President of External Affairs. Linda joined MetroHealth in 2005 and the Foundation in 2007.

Kathy Plummer, who joined MetroHealth in 2003 as a consultant, is now Director of Foundation Giving. A member of the department since 2013, Patty Smith is now Operations Specialist.

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Angela Townsend

Manager, Philanthropy Communications

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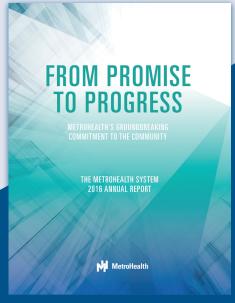




MetroHealth's 2017 Annual Meeting

Did you miss the live stream of MetroHealth's fourth annual Stakeholders Meeting, held on June 9, 2017?

Go to metrohealth.org/ annualmeeting to view video of the event and read the 2016 Annual Report. This year's theme: "From Promise to Progress: MetroHealth's Groundbreaking Commitment to the Community."



Be Our Partner in the Transformation

MetroHealth has set a philanthropic goal to raise a minimum of \$100 million in private contributions for the campus transformation project. In fact, it was MetroHealth's promise and ability to secure philanthropic funding for the project that was a key condition for securing the public financing in hospital revenue bonds. We will not be able to meet this ambitious goal without friends like you.

The MetroHealth campus transformation includes anchoring revitalization activity on West 25th Street, the building of a hospital with 270 private rooms, a new central utility plant, new parking garage and several other essential projects.

Construction on the new hospital - scheduled to open in Summer 2022 - is more than a year away. But we don't want to wait until then to begin sharing exciting details with you.

In early fall, we will launch a series of events that will update and engage you on our progress; to share the evolution of the hospital's designs, programs and services; and to keep you informed on the transformation's role in the overall revitalization of the West 25th Street Corridor and larger community and how you can partner with us to make our vision a reality.

We look forward to sharing updates and more details with you in the next newsletter.