# THE METROHEALTH SYSTEM REPORT OF THE PRESIDENT AND CEO TO THE BOARD OF TRUSTEES REGULAR MEETING OF OCTOBER 23, 2019

## **Executive**

- MetroHealth welcomes distinguished and respected journalist Joseph Frolik to our leadership team. Joe was named Senior Vice President, Communications, Government and Community Relations. His first day at MetroHealth was Monday, October 14, 2019. Welcome Joe!
- Our employees were invited and encouraged to write an essay with their ideas about transforming Greater
  Cleveland's economy in support of the Cleveland Rising Summit; a workshop designed to engage a diverse group
  of people to discuss and set priorities and measurable goals for Greater Cleveland's Future. The employee's essay
  will be reviewed and if chosen, they can attend the summit to share their thoughts and ideas about transforming
  Greater Cleveland. These employees can use a hospital business day so they will be paid regular salary for the
  day.
- The SunTrust Foundation recognized MetroHealth's efforts to build stronger more financially confident communities with a \$75,000 grant. The funds will support MetroHealth's forthcoming Employee Housing Assistance Program, designed to increase the number of MetroHealth employees who live within a three-mile radius of the hospital's main and Old Brooklyn campuses.
- Nazha Abughali, MD, Chair of the Department of Pediatrics, has been elected to be a fellow in the Pediatric Infectious Diseases Society (PIDS), the world's largest organization of professionals dedicated to the treatment, control and eradication of infectious diseases affecting children. Congratulations Nazha!
- I'm proud to announce Julie Jacono as MetroHealth's Senior Vice President and Chief Strategy Officer, overseeing the business strategy and development, innovation, performance improvement and market intelligence of our growing System. She will lead MetroHealth's strategy and expansion into nearby counties and other strategic and business development opportunities, along with development of non-traditional business lines like Lumina Imaging, which MetroHealth formed with a leading radiology equipment company earlier this year. Julie has been an integral part of many of our major initiative over the past six years. Her intellect, experience and enthusiasm have played a key role in our success. I am confident she will continue to do so for years to come.
- Dennis Bourbeau, PhD, Staff Scientist in the department of Physical Medicine and Rehabilitation (PM&R),
  received a 3-year, \$735,000 grand for the Craig H. Neilsen Foundation entitled "Ambulatory closed-loop
  stimulation to inhibit neurogenic bladder overactivity." This award will help fund improvements for bladder
  function in patient with spinal cord injury.
- I'd like to share the success of our MetroHealth Care Partners- our System's Accountable Care Organization (ACO). MetroHealth's ACO saved the federal government \$6.7 million last year. Through he Medicare Shared Savings Program (MSSP), our System received more than \$4.3 million. Our ACO savings rate of 6.9 percent puts us in the top 10 percent nationally and best in the nation among Essential Hospital, those with similar risk profiles. Ours is the only MSSP ACO in the Greater Cleveland market to achieve shared savings for 2017 and 2018. Only 37 percent of the 548 MSSP ACO's across the U.S. achieved shared savings last year.
- I attended Tri-C's Presidential Scholarship Luncheon on Friday, October 11, 2019; where Dr. Alex Johnson and I announced a \$1 million partnership investment from MetroHealth to Tri-C. This partnership launches a scholarship fund and provides seed money to open a Tri-C Access Center at MetroHealth's new Institute for H.O.P.E. (Health, Opportunity, Partnership and Empowerment). The Access Center will be incorporated into MetroHealth's planned Institute for H.O.P.E, which will function as a neighborhood hub offering resources to help residents live healthier and more meaningful lives. Our investment supports Tri-C's focus on workforce development and training residents for jobs with family-sustaining wages. In appreciation of this investment, the College will rename a building at the Metropolitan Campus the MetroHealth Science and Health Careers building.

## **Chief of Staff**

## **Department of Public Safety**

- Our officers participated in the MedSled evacuation training. This training covered the evacuation and safety principles for using the MedSled device within The MetroHealth System.
- Sergeant Onix Garcia attended the Hispanic Convention on October 5, 2019, on behalf of the MetroHealth Police Department. Sgt. Garcia distributed over 250 gun locks.
- Lieutenant Delmar Henderson was recently appointed as a Special Deputy U.S. Marshal.
- In addition to the three (3) permanent drug drop-off boxes already in place throughout The MetroHealth System, on October 26, 2019, the MHPD will be taking part in National Prescription Drug Take Back Day. This event is a safe, convenient and responsible means of disposing prescription drugs.

## **Government Relations**

- Abigail Duggan, Senator Sherrod Brown's senior policy advisor, visited MetroHealth on October 8, 2019. She
  discussed Medicaid policy matters with Dr. Boutros. Ms. Duggan also connected with other MetroHealth leaders
  to learn more about the health system's Institute for H.O.P.E., Food as Medicine, and Special Disease Care Unit
  priorities.
- On October 10, 2019, Greater Cleveland Partnership invited area employers to have a discussion about health, economic development, tax and trade policy with Senator Rob Portman's new chief of staff, Kevin Smith. MetroHealth's government relations staff attended the meeting to discuss Medicaid and graduate medical education policy with Mr. Smith.
- Dr. Papp testified in the Senate Health Committee in support of SB 59, sponsored by Senator Antonio. The bill
  would address the remaining pharmacies in the state who incorrectly believe a prescription is required to
  dispense naloxone.

# **Community Relations**

- Community Relations and Faith Community Outreach/Pastoral Care partnered with more than 50 churches
  across the community to preach the ABCD's of Safe Sleep and distribute safe sleep materials on Safe Sleep
  Sunday, October 6, 2019. Churches included Mt. Zion Baptist Church, New Fellowship Church, Southeast Seventh
  Day, 4 Unitarian Universal Churches, Greater Cleveland Congregation and many others.
- MH-led Safe Sleep Project submitted year one report to First Year Cleveland, reporting that all goals were met or exceeded.
- Partnering with MH Pharmacy to print and distribute all pharmacy bags with Safe Sleep messaging during the month of October which is Safe Sleep Awareness month.
- MetroHealth partnered with CAPA (community awareness & prevention association) and the Brecksville-Broadview Heights to host a Tobacco Town Hall at our MH Brecksville facility featuring Dr. Sherrie Williams on October 21.

## **Communications**

- MetroHealth's nominations garnered Crain's Cleveland Business 40 under 40 honors for two people: Mark Kalina, who works and volunteers for MetroHealth's Trauma Recovery Services, and Ricardo Leon, the dynamic leader of the Metro West Community Development Organization in our Clark-Fulton neighborhood.
- John Campanelli also helped craft MetroHealth's new Patient Financial Bill of Rights. And he snagged an exclusive interview with the 300-foot tower crane that's helping build our new hospital.
- With Tim Magaw, our new Senior Communications Strategist overseeing social media, MetroHealth tweets have increased more than 150 percent; Facebook views have increased by 11 percent and Facebook response time has dropped from six hours to 25 minutes. Tim's goal is to earn Facebook's "very responsive" designation and he's very close.
- Thanks goes out to Hyla Winston in media relations; MetroHealth received positive coverage on a number of stories in the past month including our research on Kangaroo (skin-to-skin) Care for babies recovering from neonatal abstinence syndrome and our Functional Electrical Stimulation work that's restoring movement in patients with spinal cord injuries.

## Marketing

• The web communications team's focus on building updated and search-friendly content that is aligned with and supports clinical marketing and digital advertising efforts is having a measurable impact. Comparing September through mid-October from 2018 to 2019, metrohealth.org has seen <a href="impressive increases">impressive increases</a> in overall site traffic as well as on clinical department sites:

Overall page views: 8.63 percent First time visitors to website: 26.92 percent Organic search traffic: 10.43 percent

Weight Management / Bariatrics page views: 974.25 percent

Emergency Room page views: 197.99 percent

Trauma Care page views: 41.83 percent Flu Shot page views: 183.24 percent Spine Center page views: 154.33 percent Sleep Surgery page views: 129.08 percent

## Center for Community Health Resilience and the Trauma Recovery Center

- On September 4, 2019, the Center partnered with NewBridge Cleveland to host an open screening of the
  documentary, Resilience: The Biology of Stress and the Science of Hope, at the Cleveland Institute of Art
  Cinemateque. Nearly 100 people attended across our AM and PM offerings. We coordinated a panel of partners
  that included PEP's Habeebah Grimes; ODE Board of Education, Meryl Johnson; Director of the Khnemu
  Foundation, and current MetroHealth consultant, Fred Ward; Newbridge's, Dr. Steven Lake, and MetroHealth's
  Dr. Lisa Ramirez and Sarah Hendrickson.
- On September 5, 2019, Sarah Hendrickson participated as a table expert for the United Way Community Hub meeting focused on trauma. Manager, Megen Simpson, Coordinator, Stephanie Deluca, and Recovery Coach, Rhonda Jenkins were also in attendance.
- September 6, 2019, our System Analyst, Mark Kalina Jr. was awarded Crain's Cleveland Business 40 under 40.
- September 16-20, 2019, we coordinated and hosted a Mental Health First Aid Instructor Training. This \$40,000, week-long training, provided by the National Council for Behavioral Health and made possible by VOCA funding awarded to the Trauma Recovery Center, trained 17 MetroHealth employees as certified instructors. In collaboration with the Office of Patient Experience, EAP, Pastoral Care, and Human Resources, the instructors are available to provide training to our system; focusing on the emergency room, front-of-house staff, and community partners. We are grateful to the MetroHealth System for supporting staff through time to attend. In collaboration, with OPX, EAP, and HR, we have coordinated a training schedule that will be made available via LEAP for our system. Implementation logistics are still being developed.
- September 26, 2019, Sarah Hendrickson was accepted to participate in the Governor's Summit on Pediatric Mental Health discussing "Connecting Healing to Health". The daylong event in Dayton, Ohio, opened by the Governor and Mayor of Dayton showcased 3 workshop sessions for medical, education, and community respectively. Sarah Hendrickson spoke during the 3<sup>rd</sup> Community event moderated by Dr. Alisha Nelson from the Governor's Recovery Ohio initiative.
- On September 30, 2019, our 2019 VOCA grant cycle came to a close. The MetroHealth Trauma Recovery served
  1,131 victims of crime through trauma-focused therapies, victim advocacy, care navigation, peer mentorship and
  basic needs supports, including food, clothing, transportation, safe housing and other emotional and financial
  supports.

# Faith Community Outreach/Pastoral Care

- MetroHealth's Project Thrive, the faith-based, trauma support program operating through the Office of Pastoral
  Care, reports that a participating congregation is continuing to support a Cleveland family whose infant daughter
  was "life-flighted" to Columbus for specialized respiratory medical services after an extended stay at
  MetroHealth. The congregation is assisting with employment, housing and basic needs support as the parents
  were forced to relocate to Columbus.
- Project Thrive recently trained the third cohort of congregations on trauma and resiliency to join MetroHealth in mitigating the effects of trauma. The training was a crucial step in forming a Northeast Healing Circle, which is the 3rd; other healing circles are located in Mt. Pleasant and the near west neighborhoods. Additional training is

- occurring on the Project Thrive operational structure, along with training on grief, spiritual distress and community engagement strategies.
- Project Thrive is receiving requests for community-based, trauma response support to provide "community-care
  outreach." The congregations are trained to provide an outreach form of pastoral care in response to homicides,
  stabbings, and other traumatic events. They offer comfort and care and link congregations to services throughout
  the community through the Healing Circles.
- On Wednesday, November 6, 2019, the Office of Pastoral Care will hold its first meeting of the Interfaith Spiritual Roundtable. The roundtable will meet quarterly and is designed for MetroHealth to continue to listen, learn, and act on behalf of all patients and to ensure that the beliefs and faith traditions of inter-faith patients are respected and honored as they receive medical services. It is also a vehicle to discuss ways that we can partner to build healthier and resilient communities.

# **Finance**

- RSM US LLP, the System's external auditors, will be onsite for interim fieldwork related to the 2019 audit beginning October 14, 2019. The audit team will be conducting a risk assessment and developing their audit plan. RSM US LLP will work in conjunction with KPMG, our Internal Audit team, to update their understanding of our internal controls.
- The Financial Reporting team is performing a review of all contracts to evaluate the impact of GASB 87, Leases on the System. To date, 1,600 contracts have been identified that need to be evaluated for potential lease implications. Of those, approximately 300 are in scope for further review. The impact of GASB 87 needs to be reflected in the System's financial statements beginning in 2020.
- The Financial Planning and Analysis (FPA) and Finance Teams have completed the development of the 2020 annual budget. The budget is being presented to the Board in October for approval.
- Enrollment on Wheels RV participated in 24 events in September, servicing 252 community members. Services provided are scheduling of medical clinic appointments, insurance education, and assistance with financial eligibility. There were 12 events on the West Side and 12 on the East Side.
- From January to September 2019, within the RV, 2,184 services were rendered to our community, serving 1,645 members.

## **Internal Audit**

- Internal Audit, along with Ethics and Compliance, will be facilitating workshops with MetroHealth leaders to develop and prioritize the 2020 Internal Audit plan. The plan will be presented to the Audit and Compliance Committee of the Board of Trustees in December.
- Internal Audit collaborated with Information Systems and Finance to streamline and automate the process for ensuring user access to Epic and Infor is correct. Access reviews help MetroHealth protect its' information assets by ensuring user access is appropriate based on users' job responsibilities.

# **Enterprise Data Analytics**

- In collaboration with operational leaders, the Department of Research and Analytics (DORA) team has developed and deployed multiple analytic tools to support efficient staffing. The team will continue evolving the tools to better inform operational decisions.
- The Department of Research and Analytics commenced a lunch and learn series to teach MetroHealth workforce members about analytics. The initial session focused on advanced analytics was held on September 17.

# Information Systems (IS)

- MetroHealth received CHIME (College of Healthcare Information Management Executives) Healthcare's 2019
  Most Wired recognition. This is the 6th year in a row that MetroHealth has been awarded Healthcare's Most
  Wired. The selection is based upon deployed technologies and strategies used to help analyze data and the
  achievement of meaningful clinical and efficiency outcomes.
- Information Services has created a dynamic organizational chart that gives instant, accurate, up-to-date
  information about MetroHealth employees and the supervisors to whom they report. The entire workforce can

use the tool to quickly view anyone within the organization, learn about their role, see where they fit in the organization, and obtain current contact information.

# **Enterprise Program Management Office**

- Twenty MetroHealth professionals have been selected by senior executives to be trained in the Lean Six Sigma
  process improvement methodology. The two-month program, conducted in partnership with Cuyahoga
  Community College, will provide tools to help identify and implement streamlined, efficient, and effective
  principles and practices that lead to continuous improvement of operations and outcomes.
- To improve medication administration at the County Jail, MetroHealth is implementing Electronic Medication Administration Record (eMAR). eMAR electronically documents medications administered to the patients, reducing the time nursing staff spends administering medications, the risk of transcription errors, and the volume of paper record scanning.

## Supply Chain

- MetroHealth continues to partner with Standvast and Zitra to transform the System's supply chain into a strategic advantage. The end-to-end redesign of supply chain will establish processes, workflows, and systems that leverage the best in class tools to ensure our patients and employees receive the right items at the right place and time.
- The supply chain contract specialists are leveraging new analytic sources to review contracts and pricing
  opportunities for the system. Advanced knowledge of pricing allows MetroHealth to drive greater value through
  purchasing.

## **System Dyad**

• Dr. Bernard Boulanger and Michael Dalton co-chaired the Care Innovation and Community Improvement Program (CICIP) Executive Committee meeting with ODM in Columbus.

## **Inpatient Operations**

- Throughput initiatives are continuing and have supported improvements to length of stay by 4 percent.
- Patient Experience scores at all inpatient locations trend favorably with "recommend hospital" increasing by 8 points compared to prior year based on targeted initiatives and new programs in collaboration with the Office of Patient Experience.

## **Emergency Preparedness**

- A table top exercise was conducted with MetroHealth clinical and support stakeholders with a scenario involving
  a simulated and significant impact to the Critical Care Pavilion. Discussions focused on the safe movement of all
  intensive care unit (ICU) patients, visitors, and staff following newly revised evacuation routes due to the
  construction of our new hospital.
- The Emergency Management Team attended Cuyahoga County's third annual Emergency Management Summit
  that included speakers debriefing the most recent Florida high-school shooting, updates from Ohio's Emergency
  Management Agency, impacts of climate change to our region, and behavioral health impacts to front-line
  responders.
- Thirty-Two MetroHealth inpatient and ambulatory network personnel participated in a MedSled® Train-the-Trainer session, an evacuation device that enables staff to safely transport non-ambulatory patients down a stairwell if ever needed. These participants are charged with training additional MetroHealth personnel in their respective areas. The MedSled® is used by all local and regional hospitals in the event mutual aid and assistance is requested.

## Environmental Services, Logistics, and Textile Care

• Logistics has expanded outreach of the MetroHealth Vans with new transportation options for patients to Broadway and Parma Health Centers.

 Environmental Services is improving its processes through customer service initiatives including staff training on higher-level hospitality approaches and structured assistance in wayfinding for visitors, rounding with department leaders, and training all supervisors in HazWhoper to enable them to be on the HazMat Response Team.

## **Food & Nutrition Services**

Food Services successfully executed a week of employee appreciation events for 5,000 employees across the
healthcare system. Events included food trucks, pizza parties, ice cream treats, music, and giveaways. Main
Campus attendees also enjoyed a visit by special guests from the Cleveland Indians—mascots Slider, Mustard,
Ketchup, and Onion.

## **Pharmacy**

- CareSource added MetroHealth Specialty Pharmacy into the Synagis® Injection Program as a preferred pharmacy
  for the second year in a row. This is an outreach program that the MetroHealth Specialty Pharmacy, Neonatal
  Intensive Care Unit, and homecare nurses together work to provide Synagis® to premature born infants
  and young children. This drug is used to prevent serious lung infections that are caused by a particular virus
  called RSV (Respiratory Syncytial Virus).
- A new pharmacy vancomycin-dosing consult service was implemented August 27, 2019. Vancomycin is a
  critically important antibiotic for our sickest patients. It can be a challenge to maintain this medication within
  therapeutic ranges as each patient may require custom administration frequency and dosage amounts. Since our
  pharmacists began providing this vancomycin dosing service, we have had a 25 percent improvement in the
  number of patients who are within goal range for this antibiotic.

# Radiology

- Broadway's mammography section achieved ACR (American College of Radiology) accreditation.
- Radiology's computed tomography (CT) and magnetic resonance imaging (MRI) continue to surpass budget with MR volumes 8.2 percent favorable and CT 3.5 percent favorable.
- The new Mobile Mammography program continued its growth and contributed to the increase in total mammography volumes for September which was 3.2 percent favorable for the month.

### **Patient Access**

- NSC achieved 'same day' campaigns where all scheduling requests and referral outreach are being acted on by the NSC on the same day it was received from the departments. In September 2019, 2,864 patients were notified by through this campaign on behalf of Primary Care, Rheumatology, Hand & Upper Extremity, Dental, Eye, Dermatology and Gastroenterology.
- The NSC worked with Ambulatory Network leadership to help contact patients who missed their appointment. Effective August 5, 2019, the NSC campaigned all no-shows within a five-day window of the missed appointment to attempt to reschedule the patient. Currently, the NSC is receiving more than 700 calls a month from patients who have failed to show-up for an appointment as a result of the No-Show campaigns.
- Gastroenterology referrals conversion to appointments have increased by 10 percent per month since
  June 2019's implementation of MyMetro and assisted by NSC campaigns. Rheumatology Arthritis service
  requests or referrals have steady conversion rate to appointments average YTD 75.3 percent.

## **Service Lines**

## **Adult Health and Wellness**

Primary Care:

- Three new MD's and one APRN joined our system.
- Collaborated with the Cancer Care Center to embed Primary Care into their Service Line.
- Award received from the Chinese Consolidated Benevolent Society to recognize MetroHealth for its care and support to the Asia Plaza Community.

## Behavioral Health:

- Fourteen clinicians in the Division of Child & Adolescent Psychiatry & Psychology held a staff retreat to outline
  expanding services to the community. Areas included program development, expansion and improving access to
  innovative and high-quality care.
- Adult Psychiatry welcomed two new Clinicians to our comprehensive Behavioral Health team. School Health Program:
- Launched clinic days at new sites: Cleveland Heights High School, PEP Eastwood, and PEP Phoenix.
- WVIZ Ideastream visited School Health Program to film a documentary on School Based Health Care across Ohio. The documentary will air in December 2019.
- Katie Davis presented with School Based Health Care partners from Cincinnation "Community Engagement to Improve Health, Attendance, and Student Academic Outcomes" at the American School Health Association Conference.
- SAFE (Students Are Free to Express) completed its first residency with a showcase at Lincoln West Global Studies. SAFE also started residencies at John Adams High School and Harvey Rice.

#### Cancer Care

- MHCC held its 4th Annual Cancer Symposium in September 2019, chaired by Dr. Ashley Skehon, our radiation
  oncologist. The program centered on a timely review of topics related to radiation therapy in the treatment of
  solid organ cancers by regional experts.
- MHCC community outreach received \$20,000 in extramural funding from Arconic, Cleveland, to provide cancer screening and education services to the Cleveland at-risk community.
- MHCC nurse, Clare Roche, will be presented with the Daisy Award on 10/18/19 and Lisa Vibbert RN will be representing MHS as Ohio Nurse of The Year March of Dimes Finalist nomination.

## **Emergency Services**

- Jessica Feichtner, Nurse Manager and SANE Certified Nurse, and Jennifer Beigie, SANE Coordinator, were invited by the International Association of Forensic Nurses (IAFN) to present a poster and lecture on Human Trafficking in New Orleans.
- The Metro Life Program welcomed Gene McCutcheon, Chief Flight Nurse/Nurse Manager. Gene joins from Cedars Sinai Hospital in Los Angeles, California and is certified in Emergency and Flight Nursing.
- The Event Medicine Team, established in the Emergency Department, managed first aid medical tents with Emergency Medicine staff and a new program, Bicycle Medicine, for 14 events during the summer. Five of these events were multiple day events such as the All-Star Game festivities and the Cleveland National Air Show.
- MetroHealth's Main Campus Emergency Department has seen an improvement in their patient experience scores after collaborating with the Office of Patient Experience to initiate a very robust patient experience improvement project.

## Neuro-Musculoskeletal

## PM&R:

- John Chae, MD, VP for Research and Sponsored Programs and Chair of the department of Physical Medicine and Rehabilitation (PM&R), is co-editor of DeLisa's Physical Medicine and Rehabilitation: Principles and Practice. The 1,760-page volume presents the most comprehensive review of the state of the art, evidence-based clinical recommendations for physicatric management of disorders affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles and tendons. Other PM&R faculty at the MetroHealth System contributing to the volume include Jayme Knutson, PhD, Director of Research and Associate Professor of PM&R and Richard Wilson, MD, Director of Division of Neurological Rehabilitation and Associate Professor of PM&R.
- P. Hunter Peckham, PhD, elected Fellow of the International Academy of Medical and Biological Engineering. Orthopedics:
- The Department of Orthopaedic Surgery and its Clinical Research Center were well represented at the recent Orthopedic Trauma Association Annual Meeting (OTA) in Denver Colorado. The Orthopedics Department had 6 podium presentations (3 were multicenter projects we were part of) and 7 posters (2 were multicenter). These

were all high-quality research projects that were well received by the audience. I am confident that the majority will go on to be published in significant peer reviewed journals.

## Academic Achievements:

# **Dr Michael Kelly**

- JAMA Neurology accepted our paper on the ethics and health policy of clinical trials in neural devices. Dr Kelly is a co-author along with several others across the country based on an NIH workshop.
- The paper (ML Kelly, J He, MJ Roach, T Moore, M Steinmetz, J Claridge) "Regionalization of Spine Trauma Care in an Urban Trauma System in the United States: Decreased Time to Surgery and Hospital Length of Stay" is being published in Neurosurgery in the December 2019 print issue and was just announced as the CNS Spotlight paper for that issue.
- Dr Kelly was just invited to be a scientific reviewer for the Congressionally Directed Medical Research Program (CDMRP) and the Department of Defense's Spinal Cord Injury Research Program (SCIRP) for the 2019 funding cycle.
- Presented Grand Rounds to the Cleveland Clinic Department of Neurosurgery on Wednesday October 9, 2019, on the future of outcomes research in patients with traumatic neurological injuries.
- Dr Kelly received a secondary appointment as Assistant Professor, Department of Bioethics, Case Western Reserve University.

# **Dr Ben Roitberg**

- Served as faculty at the World Federation of Neurosurgical Societies Special Congress in Beijing, September 2019.
   Lecture Topics: Laminoplasty without hardware; Consensus panel presentation about lumbar instrumentation.
   Dr. Roitberg also served as moderator.
- Accepted: Review and position paper on the use of opioids in patients who have spine operations. WFNS Spine Committee Newsletter.
- Just invited as faculty to the WFNS Spine Committee meeting in Milan, June 2020.

## Dr Agnieszka Ardelt

• New quality improvement and education program at Metro: NIHSS training video for nurses who take care of stroke patients.

## Specialty Care

- Specialty care would like to welcome the newest Interventional Cardiologist to the MetroHealth team Dr. Aisha Siraj.
- MetroHealth has opened its first eastside location for studies in Cuyahoga County. We have begun operations at the A Loft hotel in Beachwood.
- MetroHealth Infectious Disease has designed and launched a social media App called Positive Peers to connect
  young people living with HIV. Dr. Ann Avery and her team have been working to develop the app over the last
  several years and have recently launched for widespread use. The goal of the app is build community and
  support and connect patients to resources in living with HIV.

#### Surgery

- Record OR volumes for the month of September.
- Successful cost reduction strategies through OR Value Analysis Committee.
- Increased capacity to manage Bariatric and Metabolic Surgery with marketing enhancements.

## Women and Children's

- Pediatric cardiology, nephrology and urology services are expanding on the MetroHealth main campus.
- Dr. Jennifer Bailit was named as a PI for the Eunice Shriver NICHD Maternal-Fetal-Network research unit.
- Dr. Susan Carlin was appointed division director of general pediatrics.
- Dr. Phil Fragassi was appointed associate division director of general pediatrics.
- Cleveland Police Foundation presented child life with an award for being the Community Partner of the month.

## **Ambulatory Operations**

- State Road Family Practice completed a clothing and toy drive for the Main Campus Pediatric Department.
- Medical Specialties clinic is now infusing patients at Parma satellite on Mondays, Wednesdays, and Fridays. This is in response to decanting infusions from main campus and moving patients out to satellite locations.

## Launch of Hello Patient

• A new MyChart feature allowing patients to fully complete check-in without having to go to the front desk. Go-Live was Oct 10, 2019, at Westlake Crocker Park only – pilot site.

## American Heart Walk

- MH West Ambulatory Network HEARTTHROBS Beating for a Purpose placed 2nd in fundraising efforts behind Parma.
- Crocker Park and Middleburg Hts. managers joined efforts to create a larger "West Side" team, consisting of employees from Middleburg Hts., Brunswick, Westlake Crocker Park and Rocky River.
- The team collectively raised \$1,436.50 and surpassed our goal of \$1000.00.

# Office of Patient Experience

Patient Experience System Goal - Likelihood to Recommend - Stretch Performance Achieved, August Year to Date

## Arts in Health

Arts in Medicine concluded their 2018-19 Victims of Crime Act grant art therapy programming. A total of 1,939 client contacts were realized in 316 individual and group sessions. Art therapists provided evidence-based trauma informed sessions throughout the community. Community partners included four CMSD Schools, LGBT Center of Greater Cleveland, Malachi Center, YWCA of Greater Cleveland, Norma Herr, Recovery Resources, Renee Jones Empowerment Center and MetroHealth's own Compass Services. Culminating art shows were held at the YWCA and LGBT Center. The LGBT Center show, UNFRAMED, opened on September 27, 2019, and runs through October 2019. The exhibit features the participants' artwork and explores themes of personal identity and acceptance.

## Mental Health First Aid (MHFA) Instructor Certification

• MHFA provides a framework to identify potential risk factors and warning signs for a range of mental health problems including: depression, anxiety/trauma, psychosis, substance use disorders and self-injury. The program offers evidence-based professional, peer, social and self-help resources available to help someone with a mental health problem. The Office of Patient Experience, Trauma Recovery Center and the Employee Assistance Program departments partnered to offer Mental Health First Aid (MHFA) Instructor Certification. The MHFA program was made possible by a grant received through the Trauma Recovery Center for the express purpose of supplying our most frontline staff with tangible skills in addressing the complexities of our patient populations across the spectrum of our services/system. Seventeen MetroHealth employees from the host departments as well as MHPD, Human Resources and the Institute for H.O.P.E became MHFA certified instructors. In the upcoming months and into 2020, MHFA training will be available to providers and staff.

## **Patient-Centered Care**

• The Beryl Institute PX Weekly published a case study featuring MetroHealth, "Welcome.Listen.Care." Improving the Patient and Employee Experience in the CICU through Three Service Acts that Enhance Personal Connection, Communication, and Real-time Responsiveness. This case study is part of a series of case studies from high performing organizations in conjunction with the paper, To Care is Human. To Care is Human brings clarity to the factors influencing patient experience. The study featured Jennifer Ball, Nurse Manager, CICU and Jennifer Lastic, Manager, Patient-Centered Care.

## Spiritual Care

• National Spiritual Care Week will be celebrated October 21 – 25 at Main Campus. The System's Memorial Service will take place on Sunday, November 3, in remembrance of those we have been privileged to serve. Additionally,

Chaplain Sandie King will begin certification training in Guided Visualization to offer more specialized support to patients.

## **Volunteer Services**

• Twenty-three individuals were trained for the No One Dies Alone (NODA) volunteer program on September 28, 2019, bringing the total number of NODA volunteers to 29. NODA volunteers provide a reassuring presence at the bedside of dying patients who otherwise would be alone at the end of life. Clinicians can request NODA volunteers via the Nursing Business Office.

## **Ethics and Compliance**

- MHS Chief Ethics and Compliance Officer presented at a national compliance conference the MHS comparative analysis on compliance program effectiveness "Levering Industry Guidance to Measure Effectiveness."
- MHS privacy team presented "HIPAA and Law Enforcement Requests for Protected Health Information" to Cleveland-area prosecutors.
- Facilitated human trafficking "Lunch and Learn" on September 13, 2019, with subject matter experts from the Department of Justice and MetroHealth sexual assault nurse examiners.
- Participated in Ohio Hospital Association 340B Roundtable in Columbus.
- Conducted training for newly formed Research Conflicts of Interest Committee.

# **Nursing**

- Magnet: The document for our fourth Magnet designation was submitted on October 1, 2019, and a team of four appraisers was assigned. Feedback should be received during first quarter 2020.
- Nursing Conference: The annual nursing conference will be held on November 15, 2019. Topics include ethical
  issues and boundaries in caring for incarcerated patients, human trafficking, workplace incivility and lateral
  violence, and fostering a healthy work environment. The conference is free for MetroHealth RNs and offers
  continuing education. The conference is planned by staff nurses who participate in the CARE Program (nursing
  professional development program) in the Education Coordinator role.
- Nurse Senate Donation: The MetroHealth Nurse Senate is donating a statue, The Healer's Touch, for the new
  hospital. The statue stands approximately 3 feet tall and symbolizes the relationship between nurses, patients,
  and families. The Healer's Touch statue, in a smaller version, is given each month to our Daisy Award winner.
  Daisy winners are nominated by their co-workers, patients, or families and a winner is selected by Nurse Senate.
  This is a great way to honor the extraordinary work our nurses do!
- More information on the Daisy Award and The Healer's Touch can be found at: https://www.daisyfoundation.org/about



## **Foundation and System Philanthropy**

- As we continue to strengthen the relationships we have with the Elizabeth Severance Prentiss Foundation and the George S. Codrington Foundation, both generous supporters of MetroHealth, we hope that a few Board members might help us engage these two organizations. If you have a connection to Craig Martahus (Codrington) and John Baco (Prentiss), please contact Kathy Plummer at kplummer@metrohealth.org or 440-592-1393. We would love your input and energy to help us elevate our conversations with them.
- The P. Hunter Peckham, PhD and George J. Picha, MD PhD Endowment in Biomedical Engineering has been established at MetroHealth, in collaboration with Case Western Reserve University (CWRU). The endowment will support education and research activities in the field of orthopedics, specifically functional electrical stimulation. Dr. Peckham is Co-Director of the MetroHealth Rehabilitation Institute of Ohio, Professor of Biomedical Engineering and Orthopedics at CWRU, and is a member of the bio-scientific staff at MetroHealth. An \$850,000 gift from Dr. Picha completed fundraising for the endowment. A practicing plastic surgeon who trained at MetroHealth early in his career, Dr. Picha received both his medical degree and a doctorate in biomedical/biomaterials engineering from CWRU. He is founder, president and CEO of the Brecksville-based medical device company Applied Medical Technology, Inc.
- The Swagelok Foundation has given \$10,000 to the Building for the Future Fund. A special thank you to Foundation Board Member Joey Arnold for helping to facilitate this gift.
- MetroHealth has submitted a request for \$250,000 to the David and Jacquie Clark Family Fund to support a "unique sensory room" on the inpatient pediatrics floor of the new hospital. The floor will be accessible to all patients with sensory issues, including individuals with autism. We are working to schedule a first-time visit to MetroHealth for the family.
- On October 8, 2019, MetroHealth hosted Jennifer Coleman, Senior Program Officer for Arts at the George Gund Foundation, for a Transformation briefing. Walter Jones, SVP Campus Transformation; Kevin Ortner, Director of Transformation Operations; Kathy Plummer, Director of Foundation Giving and I had the opportunity to discuss the new hospital and campus redesign as well as our efforts to engage the Clark-Fulton community in the planning for the green space. Marcia Egbert, Senior Program Officer for Human Services at the Gund Foundation, will join us on November 1, 2019, for a similar briefing.