

JUNE 2024 Support Groups & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Questions? RSVP? Contact Jen at (216) 778-4051 jmsmith@metrohealth.org	You do NOT need to be a MetroHealth patient to attend groups or events	Bus ticket or parking validation provided. Please join us				
2	3	4	5	6	7	8
	No Open Support Group	Taco Tuesday For people around 30 or younger 5:00 - 7:00 p.m. Dermatology lobby		Yoga – 10:00 a.m. MetroHealth Glick meditation room	<i>50+ is POSTPONED to the second Friday! Please join us on 6/14/24.</i>	
9	10	11	12	13	14	15
				Yoga – 10:00 a.m. MetroHealth Glick meditation room Knitting 11:15-12:45 Outside of meditation rm	50++ 12:00 – 1:30 p.m. Cleveland Lakefront Nature Preserve 8701 Lakeshore Blvd Lunch Provided	
16	17	18	19	20	21	22
	Annual Picnic 12 – 5pm Edgewater Upper Pavilion – West end Main dish provided, bring a side or dessert to share	Taco Tuesday For people around 30 or younger 5:00 - 7:00 p.m. Dermatology lobby	WOW at 12pm Metro Social Work Lunch provided	Yoga – 10:00 a.m. MetroHealth Glick meditation room Plant Club – 11:30am Call Emily 216-778-2818		
23	24	25	26	27	28	29/30
				Yoga – 10:00 a.m. MetroHealth Glick meditation room		

*** There will be NO SUPPORT GROUPS in July – we are off for summer break. ONLY YOGA will continue throughout the month.