

Registration

(Back side of the Registration form)
Please print legibly

First Name MI Last Name

Address

City State Zip

() ()

Telephone (Work) Home

Profession

Organization

Email Address

FIELD: Check all applicable fields for Continuing Education/Contact Hours Certification.

- Nurse** (12.25 contact hours)
- Psychologist** – non-MetroHealth employees add \$25 fee (12 MCE)
- Social Worker** – non-MetroHealth employees add \$10 fee (12.25 CPE)
- Counselor** (LPC, LPCC) – non-MetroHealth employees add \$10 fee (12.25 hours)
- Chemical Dependency Professional** (12.25 RCH's)
- Clergy/Chaplain** (12.25 hours)
- Funeral Home Director**
- Other** _____

Special Meal Requests:

Vegetarian:

CONCURRENT SESSIONS: Selections for Friday
Place code letter for desired session in blank provided.
Space is limited. Indicate first, second, and third choice.

1st Choice _____
2nd Choice _____
3rd Choice _____

Make Checks Payable to:
MetroHealth Foundation/Dark Triad Conference

Mail To: Pastoral Care Department
MetroHealth Medical Center
2500 MetroHealth Drive
Cleveland, Ohio 44109-1998

Amount Enclosed: _____

Keynote Speakers



Scott Barry Kaufman, PhD, is one of the world's foremost experts on the development of intelligence, creativity, and personality in education, business, and society. He applies a variety of perspectives to come to a richer understanding and appreciation of all kinds of minds and also ways of achieving greatness. He holds a doctorate from Yale University and a Masters degree from Cambridge University, where he was a Gates Cambridge Scholar. In addition to co-editing the well-regarded, **The Cambridge Handbook of Intelligence**, Dr. Kaufman is the co-author of **Mating Intelligence Unleashed: The Role of the Mind in Sex, Dating, and Love**, and author of **Ungifted: Intelligence Redefined**, which is forthcoming from Basic Books.

Dr. Kaufman has published scientific papers in his field's most prestigious journals, including Cognition, Intelligence, and Journal of Creative Behavior. He is co-founder of The Creativity Post, a non-profit web platform that features quality content on creativity, innovation, and imagination, and Chief Science Advisor of The Future Project, an educational reform movement that inspires kids to dream big and realize their dreams. He also writes the blog Beautiful Minds for *Psychology Today*, and is a contributing writer for *Scientific American*, *Harvard Business Review*, and *Huffington Post*.



Albert J. Bernstein, PhD, has been practicing as a clinical psychologist, speaker and business consultant for more than 40 years. He is a bestselling author who is internationally recognized as an expert in teaching people how to deal effectively with difficult and dangerous people at home and at work. His books, including **Dinosaur Brains**, **Emotional Vampires** and **Am I the Only Sane One Working Here?** have been translated into more than twenty languages.

Dr. Bernstein prides himself on teaching his readers and audiences how to think like psychologists without

having to talk like them. As a therapist, consultant and lecturer he believes that if people clearly understand what is going on in their minds and in the minds of others, they will make better moment-to-moment choices in their interactions. Therein lies the secret to handling all kinds of difficult situations, a secret he will happily share in his presentations with wit, wisdom, and as little psychobabble as possible.

He lives with his wife, grown children and granddaughter in Portland, Oregon.

Keynote Speakers



Kurt K. Stellwagen, PhD, is an Associate Professor of Psychology at Eastern Washington University where he serves as a member of the core graduate faculty and mentors students pursuing degrees in school, clinical, and experimental psychology. Dr. Stellwagen maintains an active research program with a primary focus on the mechanisms that link exploitive (e.g., narcissistic, psychopathic, Machiavellian) personality traits with the development and maintenance of interpersonally aggressive behavior. A secondary interest is the role that social intelligence plays in the manifestation of antisocial behavior and delinquency.

In the course of his clinical career, Dr. Stellwagen has provided counseling and assessment services in a wide variety of treatment settings (e.g., schools, juvenile lockdown units, psychiatric inpatient units, and community outpatient clinics). Recently he served as a trial consultant for the King's County (Seattle area) District Attorney's office as they prepared to prosecute an alleged domestic terrorist accused of the first degree homicide of a police officer.

Dr. Stellwagen has published original research in peer-reviewed psychology, psychiatry, and neuropsychology journals and co-authored a recent academic volume, **Narcissism and Machiavellianism in Youth: Implications for the Development of Adaptive and Maladaptive Behavior**.



Steven Egger, PhD, is an Associate Professor of Criminology at the University of Houston at Clear Lake in Texas, as well as Professor Emeritus of Criminal Justice at the University of Illinois at Springfield. He was the first person in the world to write a dissertation on serial murder, and he has managed to interview several infamous killers.

Besides being a noted scholar, Dr. Egger has also been a police officer, a homicide investigator, a police consultant, and a director of a law enforcement academy. For more than two decades, he has devoted himself to research in the area of serial killers, lending valuable advice during one period as the project director of the Homicide Assessment and Lead Tracking System (HALT) for the state of New York, which was the

first statewide computerized system designed to track and identify serial killers.

Having gained international renown in the field, Dr. Egger has lectured on the investigation of serial murder in Spain, England, Canada, the Netherlands, as well as all over the United States. He has authored three books, **The Need to Kill: Inside the World of the Serial Killer**, **The Killers Among Us: Examination of Serial Murder and its Investigations**, and **Serial Murder: An Elusive Phenomenon**. Dr. Egger and his wife Kim are currently at work on an encyclopedia of serial murder in the United States that will soon be published with more than 800 entries from their database of more than 1,300 serial killers.



Dorothy McCoy, EdD, is a psychotherapist, author, speaker, and trainer who has been in private practice for fifteen years. She specializes in couples therapy, social phobia, trauma, crisis intervention, victim sensitivity, and health. Dr. McCoy also consults with law enforcement and non-profit organizations on issues ranging from wellness and cognitive behavioral therapy to date rape and infant mortality. She has written dozens of personality quizzes, is a former South Carolina State Constable and Lead Instructor in the Master Instructor Program which she created and implemented at the South Carolina Criminal Justice Academy.

She is the author of four books, **The Manipulative Man**; **From Shyness to Social Butterfly**; **The Ultimate Book of Personality Tests**; and **Reversing Your Type II Diabetes**. The books have been translated into three languages and cover personality disorders, communication, personality types, problem resolution, and relationships.

Dr. McCoy is a member of the American Counseling Association, the International Society for Traumatic Stress Studies, and the Association of Cognitive Behavioral Therapists. She has been a frequent guest speaker on radio and television and is a much sought after presenter.

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Pastoral Care Department
2500 MetroHealth Drive
Cleveland, OH 44109-1998



The Dark Triad and the Human Condition: A Look Inside Narcissism, Machiavellianism and Psychopathy

Implications for the Helping Professions

Speakers

Albert Bernstein, PhD

Steven Egger, PhD

Scott Barry Kaufman, PhD

Dorothy McCoy, PhD

Kurt Stellwagen, PhD

May 15 and 16, 2014

MetroHealth Medical Center

Scott Auditorium
Cleveland, Ohio 44109

MetroHealth
Pastoral Care Department

Agenda

Thursday, May 15, 2014

7:45 – 8:45 a.m. Registration and Continental Breakfast
Welcome

8:45 – 10:15 Shedding Light on the Dark Triad
Scott Barry Kaufman, PhD

10:15 – 10:30 Break

10:30 – Noon Narcissism, Machiavellianism, and Psychopathy
Scott Barry Kaufman, PhD

Noon – 1:00 p.m. Lunch

1:00 – 2:30 The Manipulative Man
Dorothy McCoy, EdD

2:30 – 2:45 Break

2:45 – 4:15 Emotional Vampires at Work
Albert Bernstein, PhD

4:15 – 4:30 Wrap-up and Preparation for Day Two

(To receive education credits, participants must register each day, attend the entire session and complete evaluation forms)

Friday, May 16, 2014

8:00 – 8:45 a.m. Continental Breakfast – Register for Day Two Credits

8:45 – 10:15 The Flipside of the Dark Triad: Compassion
Scott Barry Kaufman, PhD

10:15 – 10:30 Break

10:30 – Noon Nature and Nurture in the Development of “Dark Triad” Personality Traits
Kurt Stellwagen, PhD

Noon - 1:00 p.m. Lunch

1:00 – 2:15 Concurrent Sessions

A. When Surrogates Can't or (Won't) Play Their Role Mark Aulisio, PhD	E. Non-Suicidal Self-Injury: Understanding Emotion-Related Risk and Protective Factors Karin Coifman, PhD
B. Bullying: The Dark Triad Plus Sadism Ann Bauer, PhD	F. Schema Therapy: Getting to the Core of Emotional Needs in Personality Disorders Christine Elliott, PhD
C. Gestalt Therapy in the 21st Century: Beyond the Empty Chair Phillip Belzunce, PhD, LMFT, ND, BCCP, BCC	G. Hoarding and Hoarding Behaviors: Definitions and Best Practices Rebecca Roberts Martin, PhD
D. Mediation: An Optimistic Approach to Pessimistic People Ed Boyte	H. Victims of Abuse: Surviving Physical and Sexual Trauma Robert Smith, PhD

2:15 – 2:30 Break

2:30 – 4:00 The Myths of Serial Killers
Steven Egger, PhD

4:00 – 4:15 Wrap-up, Evaluations, and Certificate Distribution

Concurrent Sessions

A. When Surrogates Can't or (Won't) Play Their Role Mark Aulisio, PhD

This session will focus on the role of surrogate decision making in health care, along with its scope and limits. This will be accomplished through analysis of a series of clinical cases that raise questions about whether supposed surrogate decision makers are willing or able to carry out the role of surrogate. Cases involving impaired, poorly motivated and/or confused surrogates will be considered.

B. Bullying: The Dark Triad Plus Sadism Ann Bauer, PhD

This session will take a look at the elements of the Dark Triad and their impact on the act of bullying. In addition, a fourth component of sadism: an intrinsic pleasure in cruelty will be considered. Participants will examine the way power and the desire for power underlie all four of the proposed elements. The session will conclude with a discussion of prevention and intervention.

C. Gestalt Therapy in the 21st Century: Beyond the Empty Chair Phillip Belzunce, PhD, LMFT, ND, BCCP, BCC

A very important approach of Gestalt Therapy is that its focus is not primarily on problem solving or on getting people to think differently. Rather, Gestalt calls on us to attend closely to the here and now of the relationship, creating an encounter in which the client can develop awareness of the therapeutic encounter. This session will give some Gestalt background, important model(s) and demonstrate the relational stance of the Gestalt approach.

D. Mediation: An Optimistic Approach to Pessimistic People Ed Boyte

Most of us are not at our best when we are caught up in the strong emotions of conflict. We're more closed off, angry and negative. As a result trust evaporates and we get suspicious. Mediators expect at least one of the parties to be difficult. But what about truly difficult persons-those who bargain in bad faith or are perpetrators of domestic abuse? This session will explore successful mediation strategies for dealing with both.

E. Non-Suicidal Self-Injury: Understanding Emotion-Related Risk and Protective Factors Karin Coifman, PhD

This session will include discussion of the form and function of non-suicidal self injury in clinical and non-clinical samples. This will include discussion of prevalence rates, how

to recognize these behaviors, as well as developmental and demographic factors. Participants will learn emotional risk factors identified in the research literature as well as emotional factors that may be protective.

F. Schema Therapy: Getting to the Core of Emotional Needs in Personality Disorders Christine Elliott, PhD

This session will give participants insight into Schema Therapy, a method of treatment which has been found helpful with personality disorders as well as affective disorders. It integrates methods from several widely used therapies, as well as unique emphasis on aspects of the therapist-client relationship. Participants will gain knowledge about maladaptive schemas as well as the techniques involved in the practice of Schema Therapy.

G. Hoarding and Hoarding Behaviors: Definitions and Best Practices Rebecca Roberts Martin, PhD

This session will focus on hoarding as a complex disorder that is made up of three connected problems: 1) collecting too many items; 2) difficulty getting rid of items; 3) problems with organization. Participants will learn to identify types of hoarding situations, tools used to identify hoarding levels, as well as gaining an understanding of the current best practices.

H. Victims of Abuse: Surviving Physical and Sexual Trauma Robert Smith, PhD

Recent research has focused upon complex, chronic post traumatic stress disorder. This form of PTSD is the result of sustained and repeated exposure to traumatic events (e.g. physical and/or sexual abuse). The victims feel helpless to prevent the abuse; memories of the trauma become "fuzzy" as the person attempts to block it out; and the victim may turn to disassociation, emotional numbing, withdrawal and substance abuse as ways to cope. Participants will learn to recognize, assess and develop treatment plans for persons who have been victims of physical and sexual abuse.

Mark Aulisio, PhD, is a Professor in the Department of Bioethics at Case Western Reserve University, where he serves as Director of the Bioethics PhD Program, and Director of the Center for Biomedical Ethics of The MetroHealth System. In 2009, Dr. Aulisio was honored with the American Society for Bioethics and Humanities Distinguished Service Award for having helped lead three national projects. He also has extensive international bioethics experience at universities in Japan, France, and Spain. Dr. Aulisio has authored over 70 articles and book chapters and is a sought after speaker nationally and internationally.

Ann Bauer, PhD, is Chair of the Counseling, Administration, Supervision, and Adult Learning Department of the College of Education and Human Services at Cleveland State University. Dr. Bauer is a trained and experienced crisis responder. She writes and presents on the topic of traditional and cyber bullying. Dr. Bauer worked with a local school district to create a proactive anti-cyber bullying program and was interviewed extensively on local television and by national reporters after the Chardon High School shooting.

Phillip Belzunce, PhD, LMFT, ND, BCCP, BCC, is a licensed psychologist in private practice, and a Licensed Couples and Family Therapist. He is Adjunct Faculty and co-founder of the DMP Program at Cleveland State University. In addition he has also been on the Faculty of the Gestalt Institute of Cleveland since 1982. Dr. Belzunce is a Board Certified Polarity and Energy Therapist as well as the author of seven books. His latest book, Eight Pathways of Healing Love was chosen by Kirkus, the #1 book reviewer in the United States, as one of best 2013 books.

Ed Boyte is Assistant Director of Cleveland Mediation Center. He has trained court and private mediators on domestic abuse issues for the Ohio Supreme Court and in 2009 worked with Cleveland's Domestic Violence Center, co-presenting the results of this collaboration to the state-wide Domestic Violence conference. Partly based on this work with persons in crisis, he piloted a homeless diversion program. The Cleveland Mediation Center's diversion program now employs 6 persons and keeps 25% of persons who are homeless out of shelters. Last year he presented on this topic at the National Alliance to End Homelessness.

Presenters

Karin Coifman, PhD, is an Assistant Professor of Clinical Psychology at Kent State University. She received her PhD in Clinical Psychology from Columbia University, where she also completed a two year post-doctoral fellowship examining emotional and regulatory processes in individuals with Borderline and Avoidant Personality Disorders. Dr. Coifman's current research examines basic emotional processes in relation to the risk and persistence of a range of emotional disorders.

Christine Elliott, PhD, is a licensed psychologist in private practice with Renew Psychological Services in Hudson, Ohio. She is also an Assistant Adjunct Professor at Case Western Reserve University. Dr. Elliott works with individuals, couples, and families using a variety of treatment approaches, including Emotion-Focused Couples Therapy, Dialectical Behavior Therapy, EMDR, and Schema Therapy. Her clinical interests include intensive skill development in couples therapy and integrating spirituality into psychotherapy.

Rebecca Roberts Martin, PhD, is a Forensic and Intensive Behavioral Health Program Manager at Connections*Health*Wellness*Advocacy in Beachwood, Ohio and a Contributing Faculty Member at Walden University. Her counseling expertise is extensive with a variety of populations and includes assessment and treatment of Hoarding Disorder. Dr. Roberts Martin currently serves on the Attorney General's Task Force on Criminal Justice and Mental Illness and the Cuyahoga County Hoarding Connection.

Robert L. Smith, PhD, is a clinical psychologist and certified addiction specialist. He currently serves as the Director of the Medical Staff Assistance Program for The MetroHealth System. He is an Assistant Professor of Psychiatry with the School of Medicine and Assistant Clinical Professor with the Department of Psychology at Case Western Reserve university. He has worked as a consultant with a number of treatment programs for chemically dependent/mentally ill adults and adolescents. Dr. Smith has also served as a forensic psychologist for the past 20 years, working primarily in capital murder cases throughout the United States.

This Conference is sponsored by
The MetroHealth System's Pastoral Care Department.

Generous Support and Underwriting Sponsorship
from:



General Information

Conference Objectives

Participants will be able to:

- Define narcissism, Machiavellianism and psychopathy and their unique characteristics.
- Examine the intersection between narcissism, Machiavellianism, and psychopathy.
- Identify techniques for working effectively with emotionally explosive people.
- Analyze the interaction of how nature and nurture impact the development of Dark Triad personality traits.
- Explore an understanding of compassion as a flipside to the Dark Triad.
- Discover the attractions and dangers of Dark Triad personalities.

Who Should Attend

Social workers, nurses, psychologists, counselors, clergy, physicians, chemical dependency professionals, educators, and funeral home directors.

Directions to MetroHealth

MetroHealth Medical Center - Scott Auditorium
2500 MetroHealth Drive, Cleveland, Ohio 44109-1998

From the West via I-90:
Exit W. 25th Street. Turn right. Proceed to MetroHealth Drive. Left on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

From I-71 North or South:
Exit W. 25th Street. Left on West 25th Street to MetroHealth Drive. Right on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

From the South via I-77:
Take I-490 West to I-71 South. Exit W. 25th Street. Left on W. 25th Street to MetroHealth Drive. Right on MetroHealth Drive. Proceed to Hospital Parking Garage, adjacent to the inpatient entrance.

From the South via Jennings Freeway:
Take I-480 West to Route 176 North (Jennings Freeway). Exit at W. 14th Street and follow the signs to I-71 South. Follow above directions for I-71.

From the West via the Ohio Turnpike:
Take Exit 151 to I-480 East to I-71 North and follow the directions for I-71.

From the East via the Ohio Turnpike:
Take Exit 173 to I-480 West to I-77 North and follow above directions for I-77.

Accommodations

Cost of hotel rooms is in addition to the conference cost. A block of rooms has been reserved at the Holiday Inn, 4181 W. 150th Street in Cleveland. The conference rate is \$75.00 (plus tax) per night for single or double occupancy along with a continental breakfast voucher. The hotel has exercise facilities, an indoor pool, and nana's Italian Cuisine Restaurant and Lounge. Complimentary airport transportation is available.

Please make your reservations directly by calling (216) 252-7700. **Reservations need to be made no later than April 17 to qualify for this rate. Reference MPC to receive the conference rate.**

Registration

(Half-Sheet - Tear off - Front Side)

Early Registration Fees: (Received by April 25, 2014)
\$145.00
\$130.00 MetroHealth Employees

Registration Fees: (After April 25, 2014)
\$170.00
\$155.00 MetroHealth Employees

Registration deadline is May 9, 2014

Confirmation letters will be sent. Parking, refreshments, lunch, and conference materials will be provided.

Cancellations/Refunds

A full refund, less \$50.00 cancellation fee, will be provided if requested by May 12, 2014. No refunds after that date.

Continuing Education/Contact Hours

Nurses. The MetroHealth System, (OH-087/050115), is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Workers. This program has been approved by the State of Ohio Counselor and Social Worker Board. Provider #RSX-048809.

Psychologists. MetroHealth is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. MetroHealth Medical Center, #99PO-346004382, maintains responsibility for the program.

Counselors. The MetroHealth System is approved as a provider of continuing education by the Ohio counselor and Social Worker Board. Provider #RCX-089203.

Chemical Dependency Counselors. RCH's have been approved.

Funeral Home Directors. CEU's are pending approval.

If special accommodations are needed to facilitate your participation in this program or if you have questions, please call the conference line at (216) 778-2992 or email drossbach@metrohealth.org.

Conference website:
www.metrohealth.org/pastoralcare