

March 2024 Support Groups & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Questions? RSVP? Contact Jen at (216) 778-4051 jsmith@metrohealth.org	You do NOT need to be a MetroHealth patient to attend groups or events	Bus ticket or parking validation provided. <i>Please join us</i>			50++ 12:00 – 1:30 p.m. Franklin Circle Church 1688 Fulton Rd., CLE Lunch Provided	
3	4	5	6	7	8	9
	Open Group 1:00 – 2:30 p.m. *new location Social Work Office Lunch Provided	Taco Tuesday <i>For people around 30 or younger</i> 5:00 - 7:00 p.m. Dermatology lobby		Yoga – 10:00 a.m. MetroHealth Glick meditation room		
10	11	12	13	14	15	16
				Yoga – 10:00 a.m. MetroHealth Glick meditation room Knitting 11:15-12:45 Outside of meditation rm		
17	18	19	20	21	22	23
	Open Group 1:00 – 2:30 p.m. *new location Social Work Office Lunch Provided	Taco Tuesday <i>For people around 30 or younger</i> 5:00 - 7:00 p.m. Dermatology lobby	WOW @noon Metro Social Work Lunch provided	Yoga – 10:00 a.m. MetroHealth Glick meditation room		
24/31	25	26	27	29	29	30
				Yoga – 10:00 a.m. MetroHealth Glick meditation room		