

April 2024 Support Groups & Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Questions? RSVP? Contact Jen at (216) 778-4051 jmsmith@metrohealth.org	Open Group 1:00 – 2:30 p.m. *new location Social Work Office Lunch Provided	Taco Tuesday <i>For people around 30 or younger</i> 5:00 - 7:00 p.m. Dermatology lobby		Yoga – 10:00 a.m. MetroHealth Glick meditation room	50++ 12:00 – 1:30 p.m. Franklin Circle Church 1688 Fulton Rd., CLE Lunch Provided	
7	8	9	10	11	12	13
				Yoga – 10:00 a.m. MetroHealth Glick meditation room Knitting 11:15-12:45 Outside of meditation rm		
14	15	16	17	18	19	20
	Open Group 1:00 – 2:30 p.m. *new location Social Work Office Lunch Provided	Taco Tuesday <i>For people around 30 or younger</i> 5:00 - 7:00 p.m. Dermatology lobby	WOW @noon Metro Social Work Lunch provided	Yoga – 10:00 a.m. MetroHealth Glick meditation room		
21	22	23	24	25	26	27
				Yoga – 10:00 a.m. MetroHealth Glick meditation room		
28	29	30				
				Yoga – 10:00 a.m. MetroHealth Glick meditation room	You do NOT need to be a MetroHealth patient to attend groups or events	Bus ticket or parking validation provided. <i>Please join us</i>